

Race Date  
September 30, 2016

NC Senior Games 5k/10K Championship  
Overall Finish List

**5K Championship**

**Female**

<u>Overall</u>	<u>Name</u>	<u>Local Games</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Kathy Smith	Unifour Senior	286	59	F	1 55-59	28:27.2
2	Deborah Stuart	Rockingham Coun	289	56	F	2 55-59	30:01.1
3	Nancy Kapp	Cabarrus Senior	260	63	F	1 60-64	30:20.8
4	Teresa Howard	Wake County Sen	256	56	F	3 55-59	31:02.0
5	Suzanne Gibson	Greenville-Pitt	249	70	F	1 70-74	31:05.6
6	Mariella Cook	Iredell Senior	235	65	F	1 65-69	32:08.8
7	Denise Pender	Greater Greensb	279	63	F	2 60-64	32:31.0
8	Christine Harker	Greenville-Pitt	252	57	F	4 55-59	33:42.0
9	Lee Wilson	Unifour Senior	295	77	F	1 75-79	33:55.3
10	Elaine Hills	Neuse River Sen	254	68	F	2 65-69	34:22.4
11	Janette Deang	Thom-Davidson-L	241	70	F	2 70-74	35:20.7
12	Vickie Frye	Davie County Se	246	73	F	3 70-74	35:58.3
13	Nancy-Faye Craig	Senior Games By	237	72	F	4 70-74	37:17.0
14	Elnora Thompson	Smoky Mountain	290	69	F	3 65-69	37:20.3
15	Deborah Bradley	Smoky Mountain	230	59	F	5 55-59	37:44.3
16	Margie Emshoff	Chatham Co Seni	242	71	F	5 70-74	39:50.3
17	Elaine Krauza	Wake County Sen	263	78	F	2 75-79	40:08.2
18	Leslie Lewis	Gaston County S	268	51	F	1 50-54	47:11.7
19	Teresa Lambert	Cabarrus Senior	266	75	F	3 75-79	47:54.5

# NC Senior Games 5k/10K Championship

## Overall Finish List

### 5K Championship

**Male**

<u>Overall</u>	<u>Name</u>	<u>Local Games</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Pete Gibson	Greenville-Pitt	248	60	M	1 60-64	20:36.9
2	Joseph Willis	Greater Greensb	292	51	M	1 50-54	20:49.6
3	Keith Gray	Outer Banks Sen	251	51	M	2 50-54	21:18.8
4	Michael Fitzgerald	Neuse River Sen	245	61	M	2 60-64	21:58.0
5	George Patterson	Cleveland Count	278	53	M	3 50-54	22:14.1
6	Dixon Cook	Greater High Po	233	69	M	1 65-69	22:40.3
7	Russell Smith	Greater High Po	287	70	M	1 70-74	23:11.4
8	Allen Keene	Thom-Davidson-L	262	60	M	3 60-64	23:35.0
9	Brian Allenspach	Cherokee/Clay	225	69	M	2 65-69	24:11.1
10	Errol Daniels	Senior Games an	238	57	M	1 55-59	24:54.8
11	Paul Borzellino	Outer Banks Sen	229	66	M	3 65-69	25:25.7
12	Eric Yarborough	Charlotte Meckl	296	73	M	2 70-74	26:34.8
13	Ernie McKee	Four Seasons Se	272	64	M	4 60-64	26:43.5
14	Edwin Hernandez	Wake County Sen	253	66	M	4 65-69	26:46.5
15	Martin McGaha	Senior Games an	271	60	M	5 60-64	26:55.7
16	John Mitchell	Wake County Sen	274	74	M	3 70-74	27:47.9
17	John Kapp	Cabarrus Senior	259	68	M	5 65-69	27:51.4
18	Charles Wilson	Johnston County	293	65	M	6 65-69	28:18.7
19	Herb Davis	Durham County S	239	67	M	7 65-69	28:55.3
20	Lee Schenck	Thom-Davidson-L	284	60	M	6 60-64	29:44.2
21	Curtis Holbrook	Brunswick Co Ga	255	58	M	2 55-59	30:16.6
22	John Farr	Johnston County	244	75	M	1 75-79	30:56.0
23	Frank Smith	Greater High Po	285	75	M	2 75-79	31:09.9
24	Steven Everhart	Senior Games By	243	68	M	8 65-69	31:59.5
25	Kenny Cook	Smoky Mountain	234	62	M	7 60-64	32:05.0
26	Claude Wilson	Asheville-Bunco	294	77	M	3 75-79	39:19.6
27	John Davis	Land of Waterfa	240	82	M	1 80-84	39:58.4
28	Ernest Pick	Durham County S	280	80	M	2 80-84	42:34.3
29	Byron Logan	Unifour Senior	269	90	M	1 90-94	56:07.7
30	Tom Katsuleris	Gaston County S	261	53	M	4 50-54	58:12.0

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Overall Finish List

**10K Championship**

**Female**

<u>Overall</u>	<u>Name</u>	<u>Local Games</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Time</u>
1	Kathy Jacobs	Greater High Po	257	64	F	1 60-64	1:08:36.9
2	Mary Pick	Durham County S	281	63	F	2 60-64	1:09:06.0

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NC Senior Games 5k/10K Championship  
Overall Finish List

**10K Championship**

**Male**

<u>Overall</u>	<u>Name</u>	<u>Local Games</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>
1	Robert Albritton	Greater High Po	224	65	M	1 65-69	48:59.9
2	Don Goden	Land of Waterfa	250	65	M	2 65-69	50:07.3
3	Istvan Bognar	Rockingham Coun	228	65	M	3 65-69	50:09.6
4	Gary Parks	Davie County Se	277	64	M	1 60-64	53:36.0
5	Jim Jones	Davie County Se	258	66	M	4 65-69	58:52.4
6	Larry Kroviak	Durham County S	264	66	M	5 65-69	1:02:51.0
7	David Salmon	Davie County Se	283	73	M	1 70-74	1:05:56.2
8	Dick Rosen	Greater Greensb	282	86	M	1 85-89	1:43:20.7

# NC Senior Games 5k/10K Championship

## Age Group Results

### 5K Championship

#### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Leslie Lewis	Gaston County S	51	268	46	47:11.7

#### Male 50 to 54

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Joseph Willis	Greater Greensb	51	292	2	20:49.6
2	Keith Gray	Outer Banks Sen	51	251	3	21:18.8
3	George Patterson	Cleveland Count	53	278	5	22:14.1
4	Tom Katsuleris	Gaston County S	53	261	49	58:12.0

#### Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Kathy Smith	Unifour Senior	59	286	19	28:27.2
2	Deborah Stuart	Rockingham Coun	56	289	22	30:01.1
3	Teresa Howard	Wake County Sen	56	256	26	31:02.0
4	Christine Harker	Greenville-Pitt	57	252	33	33:42.0
5	Deborah Bradley	Smoky Mountain	59	230	40	37:44.3

#### Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Errol Daniels	Senior Games an	57	238	10	24:54.8
2	Curtis Holbrook	Brunswick Co Ga	58	255	23	30:16.6

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Nancy Kapp	Cabarrus Senior	63	260	24	30:20.8
2	Denise Pender	Greater Greensb	63	279	32	32:31.0

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Pete Gibson	Greenville-Pitt	60	248	1	20:36.9
2	Michael Fitzgerald	Neuse River Sen	61	245	4	21:58.0
3	Allen Keene	Thom-Davidson-L	60	262	8	23:35.0
4	Ernie McKee	Four Seasons Se	64	272	13	26:43.5

# NC Senior Games 5k/10K Championship

## Age Group Results

### 5K Championship

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
5	Martin McGaha	Senior Games an	60	271	15	26:55.7
6	Lee Schenck	Thom-Davidson-L	60	284	21	29:44.2
7	Kenny Cook	Smoky Mountain	62	234	30	32:05.0

#### Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Mariella Cook	Iredell Senior	65	235	31	32:08.8
2	Elaine Hills	Neuse River Sen	68	254	35	34:22.4
3	Elnora Thompson	Smoky Mountain	69	290	39	37:20.3

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Dixon Cook	Greater High Po	69	233	6	22:40.3
2	Brian Allenspach	Cherokee/Clay	69	225	9	24:11.1
3	Paul Borzellino	Outer Banks Sen	66	229	11	25:25.7
4	Edwin Hernandez	Wake County Sen	66	253	14	26:46.5
5	John Kapp	Cabarrus Senior	68	259	17	27:51.4
6	Charles Wilson	Johnston County	65	293	18	28:18.7
7	Herb Davis	Durham County S	67	239	20	28:55.3
8	Steven Everhart	Senior Games By	68	243	29	31:59.5

#### Female 70 to 74

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Suzanne Gibson	Greenville-Pitt	70	249	27	31:05.6
2	Janette Deang	Thom-Davidson-L	70	241	36	35:20.7
3	Vickie Frye	Davie County Se	73	246	37	35:58.3
4	Nancy-Faye Craig	Senior Games By	72	237	38	37:17.0
5	Margie Emshoff	Chatham Co Seni	71	242	42	39:50.3

#### Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Russell Smith	Greater High Po	70	287	7	23:11.4
2	Eric Yarborough	Charlotte Meckl	73	296	12	26:34.8
3	John Mitchell	Wake County Sen	74	274	16	27:47.9

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# NC Senior Games 5k/10K Championship

## Age Group Results

### 5K Championship

#### Female 75 to 79

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lee Wilson	Unifour Senior	77	295	34	33:55.3
2	Elaine Krauza	Wake County Sen	78	263	44	40:08.2
3	Teresa Lambert	Cabarrus Senior	75	266	47	47:54.5

#### Male 75 to 79

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	John Farr	Johnston County	75	244	25	30:56.0
2	Frank Smith	Greater High Po	75	285	28	31:09.9
3	Claude Wilson	Asheville-Bunco	77	294	41	39:19.6

#### Male 80 to 84

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	John Davis	Land of Waterfa	82	240	43	39:58.4
2	Ernest Pick	Durham County S	80	280	45	42:34.3

#### Male 90 to 94

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Byron Logan	Unifour Senior	90	269	48	56:07.7

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# NC Senior Games 5k/10K Championship

## Age Group Results

### 10K Championship

#### Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Kathy Jacobs	Greater High Po	64	257	8	1:08:36.9
2	Mary Pick	Durham County S	63	281	9	1:09:06.0

#### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Gary Parks	Davie County Se	64	277	4	53:36.0

#### Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Robert Albritton	Greater High Po	65	224	1	48:59.9
2	Don Goden	Land of Waterfa	65	250	2	50:07.3
3	Istvan Bogнар	Rockingham Coun	65	228	3	50:09.6
4	Jim Jones	Davie County Se	66	258	5	58:52.4
5	Larry Kroviak	Durham County S	66	264	6	1:02:51.0

#### Male 70 to 74

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	David Salmon	Davie County Se	73	283	7	1:05:56.2

#### Male 85 to 89

<u>Place</u>	<u>Name</u>	<u>Local Games</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Dick Rosen	Greater Greensb	86	282	10	1:43:20.7