

Directions to Cary Senior Center

From I-40 (either East or West): Exit to Cary at Harrison Avenue (exit # 287).

- At top of ramp, travel towards Cary (turn Left if coming from East; turn Right if coming from West).
- Travel 1 mile to the 5th stoplight at Harrison Avenue and Cary Parkway intersection (Cary Academy School is on left). Turn Right onto Cary Parkway.
- Stay on Cary Parkway for 4.3 miles; at the 4th stoplight (at Preston Corners), turn left onto High House Road (there's a large brick clock on the right corner).
- Get into right lane.
- Take the first Right into Fred G. Bond Park (801 High House Road, green sign) onto Maury O'Dell Place.
- Cary Senior Center is on your right

From the south (HWY 64 or US 1):

- HWY 64 and US 1 merge in Cary.
- Take the next exit "Cary Parkway".
- From the south, you will turn left onto Cary Parkway at the top of the ramp.
- Take Cary Parkway for about 5.8 miles all the way to High House Road.
- Turn right onto High House Road (there's a large brick clock on the left corner).
- Stay in right lane.
- Turn right into Fred G. Bond Park (801 High House Road, green sign) onto Maury O'Dell Place.
- Cary Senior Center is on your right