

North Carolina Senior Games  
**STATE FINALS 2011 ENTRY PACKET**

For Athletes, Artists & Cheerleaders

**EARLY BIRD DEADLINE - JULY 1**

**ENTRY DEADLINE - AUGUST 1**

# STATE FINALS

September 26 - October 2, Cary/Raleigh



**Softball Tournament**  
Walnut Creek Softball Complex, Raleigh  
September 12-14

**Bocce Tournament**  
Clayton Community Park, Clayton  
October 11-13

**Golf Tournament**  
Tanglewood, Clemmons  
October 11-12

**Basketball Tournament**  
ECU, Greenville  
October 21-23

*Statewide Grand Patron*



*State Finals Gold Sponsor*



#### HOST AGENCIES

Platinum: Cary Parks, Recreation & Cultural Resources Dept.  
Premier: Raleigh Parks & Recreation Dept.  
Cary Academy  
Clayton Parks & Recreation Dept.  
ECU Dept. of Recreational Services  
N.C. Highway Patrol Training Center  
NCSU McKimmon Center  
N.C. State University  
Pitt County Community Schools & Recreation

#### IMPORTANT DATES

July 1: **Early Bird Deadline**  
August 1: **Entry Deadline**  
August 5: **Last Day to Add an Activity**  
August 25: **Cancellation Deadline for the Softball Tournament**  
Sept. 15: **Cancellation Deadline**

#### COORDINATING AGENCIES

N.C. Recreation and Park Association  
NCSU Dept. of Parks, Recreation & Tourism Management  
N.C. Association on Aging  
N.C. Association of Area Agencies on Aging  
Pope Army Air Field  
AARP North Carolina

*North Carolina Senior Games is a nonprofit organization dedicated to providing year-round health promotion and education for adults 55 years of age and better. State Finals provides fun, fitness and fellowship for people of all ages.*

# REGISTRATION INFORMATION & PROCESS

1. NCSG must **receive your Entry Form by 5:00 p.m. on August 1**. Each individual, including doubles partners and all team members, must submit a completed Entry Form with total payment to NCSG by **August 1**. **There are no exceptions.** *The deadline is strictly enforced in fairness to all participants.* Entries received after August 1 will be returned. No faxes or emails will be accepted.

On the Entry Form there are three types of fees:  
*Entry Fees* and *Event/Team Fees*

*Entry Fees* for:

Forms **received** by NCSG on or before July 1 - \$30.00.

Forms **received** by NCSG after July 1 - \$40.00.

*The Entry Fee* includes a 2011 State Finals lapel pin (available from your Local Coordinator), admission to Celebration of the Games, the Cheerleaders Showcase, the Senior Expo, the SilverArts Showcase, and transportation to and from select events. The Entry Fee also helps to offset general organizational costs and awards.

*Event Fees and Team Fees* help cover charges for facility rental, officials, and equipment for activities you choose to enter and are listed in the event information which follows.

2. After your Entry Form is received and processed, NCSG will send you a written confirmation of your activities and payment. It is your responsibility to verify your Entry Form has been received by NCSG by **August 1** and that you are registered for the correct activities. Verify on the NCSG web site or ask your Local Coordinator; no activities can be added after **August 5**.

3. You should receive your *Participant Newsletter* with your Personal Schedule by **September 1** (unless it is delayed by the postal service). It will contain reporting times for your activities and *all* State Finals details. Bring your Personal Schedule with you to the Games. **Contact NCSG at (919) 851-5456 or by email at [ncsg@ncseniorgames.org](mailto:ncsg@ncseniorgames.org) if your *Participant Newsletter* is not received by **September 1** and another one will be sent.**

## AT THE GAMES

Have with you at all times:

- Photo ID to check in at all events each day
- List of medications, medical conditions and allergies
- Proof of insurance, in case of any emergency

## REFUNDS

Refund requests must be made in writing and received by the cancellation deadline of September 15.

Exception: August 25 is the cancellation deadline for the Softball Tournament.

For complete cancellations, a \$15 processing fee for individuals and a portion of the team fee (\$35 for Basketball and \$125 for Softball) is non-refundable.

# GENERAL INFORMATION

## ELIGIBILITY

To be eligible to participate, you must be 55 years of age or better on or before December 31, 2011 and have qualified in the specific activity for which you want to register at a Local Game in North Carolina, and be a North Carolina resident for a minimum of 3 consecutive months of the year. Please confirm your eligibility with your Local Coordinator.

## AGE CATEGORIES

Your age category is determined by your age on Dec. 31, 2011. Men and women compete in separate categories in the following five-year age increments: 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. *You must compete at the scheduled time with your age/sex category.* In doubles competition, partners compete in the age category of the younger partner. In team sports, the age category is determined by the age of the youngest player on the Local Game's team.

## SCHEDULE

The *Preliminary Schedule* is on page 8. The *Final Schedule* will be determined after August 1 when all entries have been received. You should receive your *Participant Newsletter* and Personal Schedule by September 1. NCSG reserves the right to cancel events or combine age groups.

## CONFLICTS

Every effort will be made to reduce the number of conflicts for participants who qualify for more than one event. When scheduling conflicts do arise, it is your choice to select which event you will enter. Please refer to the *Preliminary Schedule* and do not sign up for events that will have direct conflicts.

## INCLEMENT WEATHER PLANS

Games Officials reserve the right to cancel or postpone events in case of inclement weather or unusual or extenuating circumstances. There will be no refunds for a cancelled or postponed event. Come prepared for all types of weather. It is your responsibility to check the web site at [www.ncseniorgames.org](http://www.ncseniorgames.org) or to call (919) 851-5456 *during* State Finals for all schedule updates.

**YOU would be a wonderful volunteer for State Finals. Please sign up at [www.ncseniorgames.org](http://www.ncseniorgames.org)**

# STATE FINALS HOTELS IN CARY/RALEIGH

Contact a hotel below and identify you are with North Carolina Senior Games to get these room rates. Prices do not include tax. Room blocks will be released on September 1 and these rates will no longer be available. Space is limited, so make your plans early. The State Finals map is on our web site and includes event locations and hotels. For additional information, contact the Greater Raleigh CVB at 800-849-8499 or [www.visitraleigh.com](http://www.visitraleigh.com). Due to decreasing ridership, no NCSG shuttle service will be provided to and from hotels.

HOTEL	WEBSITE	PHONE NUMBER	ADDRESS	RATE	BREAKFAST
Best Western Cary Inn & Extended Stay Suites	<a href="http://www.bestwestern.com">www.bestwestern.com</a>	919-481-1200 800-780-7234	1722 Walnut St. Cary-27511	\$68.00	Extended Continental
Best Western Raleigh North	<a href="http://www.bestwestern.com">www.bestwestern.com</a>	919-872-5000 800-780-7234	2715 Capital Blvd. Raleigh-27604	\$55.99	Extended Continental
Comfort Suites, Cary	<a href="http://www.comfortsuites.com">www.comfortsuites.com</a>	919-852-4318 877-424-6423	350 Ashville Ave. Cary-27518	\$74.00	Extended Continental
Hampton Inn Raleigh Capital Boulevard North	<a href="http://www.hamptoninn.com">www.hamptoninn.com</a>	919-872-7111 800-HAMPTON	3621 Spring Forest Rd. Raleigh-27616	\$89.00	Extended Continental
Hampton Inn Raleigh/Cary	<a href="http://www.hamptoninn.com">www.hamptoninn.com</a>	919-859-5559 800-HAMPTON	201 Ashville Ave Cary-27518	\$60.00	Extended Continental
Hampton Inn & Suites RBC Center/Cary	<a href="http://www.hamptoninn.com">www.hamptoninn.com</a>	919- 233-1798 800-HAMPTON	111 Hampton Woods Ln. Cary-27607	\$89.00	Extended Continental
Holiday Inn Raleigh North/Capital Blvd	<a href="http://www.holidayinn.com">www.holidayinn.com</a>	919-872-3500 888-HOLIDAY	2805 Highwoods Blvd Raleigh-27604	\$65.00	Extended Continental
Holiday Inn & Suites Raleigh/NCSU	<a href="http://www.hiexpress.com">www.hiexpress.com</a>	919-854-0001 888-HOLIDAY	37-1 Thistledown Rd. Raleigh-27606	\$89.00	Extended Continental
Holiday Inn Hotel & Suites Cary	<a href="http://www.hiexpress.com">www.hiexpress.com</a>	919-851-1220 888-HOLIDAY	5630 Dillard Dr. Cary-27518	\$84.99	Extended Continental
Red Roof Inn Raleigh NCSU/Convention Center	<a href="http://www.redroof.com">www.redroof.com</a>	919-833-6005 800-REDROOF	1813 S. Saunders St. Raleigh-27603	\$44.99	N/A

## GETTING THERE

### DIRECTIONS

Directions for all venues, and for travel between some venues, are on the NCSG web site. The State Finals Map showing the location of all Cary/Raleigh events and host hotels is on the NCSG web site: [www.ncseniorgames.org](http://www.ncseniorgames.org).

### TRANSPORTATION

Due to decreasing ridership, **no NCSG shuttle service will be provided to and from hotels** but will be offered from the Shuttle Hub to and from the event sites listed below. The Shuttle Hub on Thursday will be WakeMed Soccer Park and on Friday will be McKimmon Center.

- Athens Drive High School
- Buck's Billiards
- Triangle Aquatic Center
- WakeMed Soccer Park
- Laurel Hills
- Bond Park
- Cary Academy
- NCSU

Transportation details and schedules will be on our web site and posted at the event sites or you can request a copy from your Local Coordinator after September 1.

### NATIONALS

State Finals 2011 is **not** a qualifying event for the National Senior Games 2013 in Cleveland, OH.  
For more information, go to the National Senior Games web site at [www.nsga.com](http://www.nsga.com).

## SPECIAL EVENTS

### CELEBRATION OF THE GAMES

Don't miss this special event on Thursday, September 29 at WakeMed Soccer Park stadium starting at 6:30 p.m. with the Parade of Participants, torch lighting, entertainment, and special guests. Plan to march in with your Local Game and join us for a spectacular evening. Enjoy the Cheerleaders Showcase and FunWalk prior to the Celebration!

### CHEERLEADERS SHOWCASE

We hope you will join us for a fun and exciting show at WakeMed Soccer Stadium on Thursday, September 29 at 5:00 p.m. with performances by Local Games' Cheerleaders.

### SILVERARTS SHOWS

A celebration of the creative spirit! You are invited to celebrate the arts by visiting the Heritage, Literary, and Visual Arts Showcase and the Performing Arts Follies at the NCSU McKimmon Center on Friday, September 30 and Saturday, October 1.

**Follies tickets** will be sold on a first-come, first-served basis from July 1 - September 1. To purchase, use the *Follies Ticket Order Form* (available on the website July 1-September 1). Complete payment must be received by 5:00 p.m. Sept. 1. No phone calls or emails will be accepted. For more details, see page 7.

### SENIOR EXPO

Get your flu shot and visit exhibits from our sponsors, coordinating agencies, and various health and fitness organizations...free gifts and great information! This year's Expo will be held at the McKimmon Center on Saturday, October 1 from 9:00 a.m. - 4:00 p.m.

# SPORTS INFORMATION

- Eligibility:** 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in the specific event from a sanctioned Local Game, unless otherwise noted. For doubles and mixed doubles, you must compete with the partner with whom you qualified at your Local Game. Each partner must submit an individual entry form. Age category will be determined by the younger partner.
- Schedule:** See page 8 for the Preliminary Schedule. Except where noted, specific reporting times will be determined after August 1 and included in the *Participant Newsletter*.
- Rules:** All sports will be conducted in accordance with the 2011 edition of the *NCSG Official Rules Book* which is available on our web site or from your Local Coordinator. NCSG specifications for equipment are in the Rules Book.

## ARCHERY

Bond Park, 801 High House Road, Cary

- Equipment:** Participants must provide.  
**Event Fee:** \$5  
**Limit:** 1 event

## BADMINTON

Singles, Doubles and Mixed Doubles  
Bond Park Community Center, 801 High House Road, Cary

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required shuttlecocks. Participants must provide racquets.
- Event Fee:** \$5 per event  
**Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## BASKETBALL SHOOTING

Laurel Hills Community Center, 3808 Edwards Mill Road, Raleigh

- Schedule:** You may compete *at any time* during the event. You will not have a specific reporting time. Early hours are the busiest.
- Equipment:** NCSG provides balls. Participants may use their own balls meeting NCSG Rules Book specifications.
- Event Fee:** \$3

## BILLIARDS

Buck's Billiards, 1102 Buck Jones Road, Raleigh

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required balls and cues. Participants may use their own cues meeting NCSG specifications.
- Event fee:** \$5  
**Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## BOCCE TOURNAMENT

Clayton Community Park, 1045 Amelia Church Road, Clayton

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly.
- Equipment:** NCSG provides required balls.  
**Event fee:** \$5  
**Hotel Information:**  
Hampton Inn Raleigh/Clayton I-40, 100 Hampton Drive, Garner  
(Exit 312, Interstate 40--Just five minutes away!)  
Phone: (919) 773-1977  
Rate: \$85.00  
Hosted by the Clayton Parks & Recreation Dept.

## BOWLING

Singles, Doubles and Mixed Doubles  
Buffaloe Lanes North, 5900 Oak Forest Drive, Raleigh

- Equipment:** Balls and shoes are available free of charge. Participants may use their own shoes & regulation balls.
- Event fee:** \$7 per event

## CROQUET

Bond Park, 801 High House Road, Cary

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly.
- Equipment:** NCSG provides required balls and mallets. Participants may use their own mallets meeting NCSG specifications.
- Event fee:** \$5  
**Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## CYCLING

1 mile, 5K, 10K  
NC Highway Patrol Training and Driving Facility  
380 East Tryon Road, Raleigh

- Equipment:** Participants must provide.  
**Event fee:** \$8 per event

## DISCUS

Cary Academy, 1500 N Harrison Avenue, Cary

- Schedule:** You may compete *at any time* during the event. You will not have a specific reporting time. Early hours are the busiest.
- Equipment:** NCSG provides certified discus. Participants may use their own discus meeting NCSG specifications.
- Event fee:** \$3

## FOOTBALL THROW & SOFTBALL THROW

WakeMed Soccer Park, 201 Soccer Park Drive, Cary

- Schedule:** You may compete *at any time* during the event. You will not have a specific reporting time. Early hours are the busiest.
- Equipment:** NCSG provides required balls. Participants may use their own footballs for Football Throw meeting NCSG specifications.
- Event fee:** None

## GOLF

Tanglewood Golf Course, 4061 Clemmons Road, Clemmons

- Eligibility:** 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in golf and meet the minimum performance score in the NCSG Rules Book.
- Equipment:** Participant must provide clubs, balls and soft spikes.  
**Event fee:** \$85 (includes greens fee, cart rental & park entrance)  
**Details:** Two-day, 36-hole tournament. Shotgun start each day. Maximum of 280 golfers/first reply honored. You will play both courses. Practice rounds (at regular course fee rates) may be scheduled no more than 10 days in advance of the desired date by calling (336) 778-6321. USGA rules apply with some tournament adaptations. Men 55-79 will play from the white tees. Men 80+ and women will play from the red tees.

The Greater Winston-Salem Sports Commission, the Village Inn and Tanglewood Park will host a reception at Tanglewood on Tuesday, October 11 at 2:30 p.m.

### Hotel Information:

Village Inn: 6205 Ramada Dr., Clemmons  
Phone: (336) 766-9121 or (800) 554-6416  
Room Rate: \$68.00 single/double (includes full hot breakfast)

Hosted by the Northwest Piedmont Area Agency on Aging

# SPORTS INFORMATION

- Eligibility:** 1<sup>st</sup> , 2<sup>nd</sup> or 3<sup>rd</sup> place in the specific event from a sanctioned Local Game, unless otherwise noted. For doubles and mixed doubles, you must compete with the partner with whom you qualified at your Local Game. Each partner must submit an individual entry form. Age category will be determined by the younger partner.
- Schedule:** See page 8 for the Preliminary Schedule. Except where noted, specific reporting times will be determined after August 1 and included in the *Participant Newsletter*.
- Rules:** All sports will be conducted in accordance with the 2011 edition of the *NCSG Official Rules Book* which is available on our web site or from your Local Coordinator. NCSG specifications for equipment are in the Rules Book.

## HORSESHOES

Athens Drive High School  
Parking at Lake Johnson Pool at 1416 Athens Drive, Raleigh

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required horseshoes. Participants may use their own horseshoes meeting NCSG specifications.
- Event fee:** \$5
- Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## LONG JUMPS - RUNNING, STANDING

Cary Academy, 1500 N Harrison Avenue, Cary

- Schedule:** You may compete *at any time* during the event. You will not have a specific reporting time. Early hours are the busiest.
- Event fee:** \$3 per event

## RACQUETBALL

NCSU Carmichael Gym, 2611 Cates Avenue, Raleigh

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required balls. Participants must provide racquets.
- Note:** Parking is available in the Reynolds Parking Deck. See the State Finals Driving Directions for details.
- Event fee:** \$5
- Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## SHOT PUT

Cary Academy, 1500 N Harrison Avenue, Cary

- Schedule:** You may compete *at any time* during the event. You will not have a specific reporting time. Early hours are the busiest.
- Equipment:** NCSG provides certified shots. Participants may use their own shots meeting NCSG specifications.
- Event fee:** \$3

## SHUFFLEBOARD

Athens Drive High School  
Parking at Lake Johnson Pool at 1416 Athens Drive, Raleigh

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required discs and cues. Participants may use their own cues meeting NCSG specifications.
- Event fee:** \$5
- Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## SILVERSTRIDERS FUN WALK

WakeMed Soccer Park, 201 Soccer Park Drive, Cary

- Eligibility:** Completion of the Fun Walk at a Local Game
- Awards:** A special award will be given to each participant at the completion of the event.
- Event fee:** None

## SPINCASTING

WakeMed Soccer Park , 201 Soccer Park Drive, Cary

- Schedule:** You may compete *at any time* during the event. You will not have a specific reporting time. Early hours are the busiest.
- Equipment:** NCSG provides required plugs. Participants should provide rods and reels.
- Event fee:** None

## SWIMMING

Triangle Aquatic Center, 275 Convention Drive, Cary

- Limit:** 6 events maximum
- Schedule:** Order of the events:
- |                     |                     |                      |
|---------------------|---------------------|----------------------|
| 1. 200 yd Freestyle | 6. 50 yd Brtstroke  | 11. 100 yd Bkstroke  |
| 2. 100 yd Brtstroke | 7. 200 yd Bkstroke  | 12. 200 yd Brtstroke |
| 3. 100 yd Butterfly | 8. 100 yd Freestyle | 13. 50 yd Butterfly  |
| 4. 50 yd Freestyle  | 9. 50 yd Bkstroke   | 14. 200 yd Butterfly |
| 5. 100 yd IM        | 10. 200 yd IM       | 15. 500 yd Freestyle |
- Heat sheets will be available on the NCSG website after September 1. Please print and bring with you.
- Event fee:** \$15

## TABLE TENNIS

Singles, Doubles and Mixed Doubles  
Brier Creek Community Center, 10810 Globe Road, Raleigh

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required balls. Participants must provide paddles.
- Event fee:** \$5 per event
- Limits:** Maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## TENNIS

Singles, Doubles and Mixed Doubles  
Millbrook Exchange Park, 1905 B Spring Forest Road, Raleigh

- Schedule:** Specific reporting times will be included in the *Participant Newsletter*. Winners will advance to the semi-final and final rounds; plan accordingly. Submission of seeding information is optional and will be used when possible.
- Equipment:** NCSG provides required balls. Participants must provide racquets.
- Event fee:** \$6 per event
- Limits:** 2 Tennis events and maximum of 3 of these sports: billiards, badminton, croquet, horseshoes, racquetball, shuffleboard, table tennis, tennis.

## TRACK EVENTS

100m, 200m, 400m Dashes , 800m 1500m and 5k Runs  
1500m and 5k Race Walks  
Cary Academy, 1500 N Harrison Avenue, Cary

- Event fee:** \$5 per event

Visit [www.ncseniorgames.org](http://www.ncseniorgames.org) for  
Schedule Updates  
Driving Directions  
State Finals Map  
NCSG Rules Book

# TEAM SPORTS INFORMATION

## SOFTBALL TOURNAMENT

September 12-14

Walnut Creek Softball Complex, 1201 Sunnybrook Road, Raleigh

### Eligibility:

1<sup>st</sup> or 2<sup>nd</sup> place softball teams from a Local Game. Each player must submit an **individual** Entry Form by August 1. The team will compete in the age group in which it qualified at the Local Game, unless that team adds a player from a younger age group. Each team must have a Team Captain who is a participant. A maximum of five (5) players may be added to a team, if they meet the following requirements: a player must have registered for and competed in a Local Game this year and the team with which they qualified is **not going to compete at State Finals**. To post requests for teams/players on the NCSG website, please send your request by email to [ncsg@ncseniorgames.org](mailto:ncsg@ncseniorgames.org).

### Schedule:

The Preliminary Schedule is on page 8. Tournament format and starting times will be determined after August 1 when the number of entries is known and will be included in the *Participant Newsletter*. All Team Captains, and participants who provide an email address on their Entry Form, will be notified of the *reporting time for their team's first game* and other details of the Tournament. All details will also be posted on the NCSG web site. If you have not provided NCSG with an email address, please check with your Team Captain for all tournament details; we will communicate with Captains. Team Captains should check our web site **often** for their list of registered players and remind players to register by August 1 or they will not be eligible to participate.

### Equipment:

NCSG provides required balls; participants are responsible for legal bats and gloves. Bats must meet ASA requirements at the time of the tournament.

### Team fee:

\$225 must be submitted with the Team Captain's Entry Form by August 1. Cancellation Deadline for this event is August 25. Just as each individual must register, each individual and the team must cancel *in writing*. A team processing fee of \$125 is non-refundable.

### Hotel Information (see page 3 for additional details)

*Red Roof Inn Raleigh NCSU/Convention Center and Best Western Raleigh North*

The Softball Tournament is hosted by the  
City of Raleigh Parks and Recreation Department

## BASKETBALL TOURNAMENT

October 21-23

East Carolina University, Greenville

### Eligibility:

1<sup>st</sup> or 2<sup>nd</sup> place basketball teams from a Local Game. Each player must submit an **individual** Entry Form by August 1. The team will compete in the age group in which it qualified at the Local Game, unless that team adds a player from a younger age group. Each team must have a Team Captain who is a participant. A maximum of three (3) players may be added to a team, if they meet the following requirements: a player must have registered for and competed in a Local Game this year and the team with which they qualified is **not going to compete at State Finals**. To post requests for teams/players on the NCSG website, please send your request by email to [ncsg@ncseniorgames.org](mailto:ncsg@ncseniorgames.org).

### Schedule:

See page 8 for the Preliminary Schedule. Tournament format and starting times will be determined after August 1 when the number of entries is known. All Team Captains, and participants who provide an email address on their Entry Form, will be notified by September 1 of the *reporting time for their team's first game* and other details of the Tournament. All details will also be posted on the NCSG web site. If you have not provided NCSG with an email address, please check with your Team Captain for all tournament details; we will communicate with Captains. Team Captains should check our web site often for their list of registered players and remind players to register by August 1 or they will not be eligible to participate.

### Equipment:

NCSG provides required game balls. Participants are responsible for practice balls.

### Team fee:

\$75 must be submitted with the Team Captain's Entry Form by August 1. Cancellation deadline for this event is September 15. Just as each individual must register, each individual, and the team must cancel *in writing*. A team processing fee of \$35 is non-refundable.

### Hotel Information:

The City Hotel & Bistro, 203 SW Greenville Blvd., Greenville  
Phone: (252) 355-8300 or (877) 271-2616 (toll free)  
Room Rate: \$79 (includes breakfast buffet)

The Basketball Tournament is hosted by  
Greenville-Pitt County Senior Games and  
East Carolina University Department of Recreational Services

[www.ncseniorgames.org](http://www.ncseniorgames.org)

# SILVERARTS INFORMATION

**Schedule:** See page 8 for the Preliminary Schedule. More details will be on the NCSG web site and in the *Participant Newsletter*.

A **2011 SilverArts Information Form** must be completed for each SilverArts entry and be enclosed and mailed **with** your State Finals Entry Form. All required items must be received by the August 1 deadline. The SilverArts Information Form, the SilverArts Guidelines and Subcategory Requirements are on the NCSG web site and are available from your Local Coordinator.

## **SilverArts Booklet**

Designed for SilverArtists and Cheerleaders, this booklet provides the history, philosophy, guidelines, and details for each category, including forms and Judges' scoresheets. The SilverArts Booklet is available on our web site at [www.ncseniorgames.org](http://www.ncseniorgames.org) or from your Local Coordinator.

## **CHEERLEADER SHOWCASE**

WakeMed Soccer Park, 201 Soccer Park Drive, Cary

The **2011 Cheerleaders Information Form** must be completed for the squad by the Head Cheerleader and be enclosed **with** the Head Cheerleader's State Finals Entry Form **and** any recorded music (CD).

**Eligibility:** Must be the squad chosen as the representative for your Local Game. Each member of the squad must submit an individual State Finals Entry Form by 5:00 p.m. on August 1. Each squad must have a Head Cheerleader who is a participant.

**Fee:** None

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for small, medium and large groups will be presented immediately following the Showcase.

## **HERITAGE AND VISUAL ARTS SHOWCASES**

McKimmon Center, 1101 Gorman Street, Raleigh

The **2011 SilverArts Information Form** must be completed for each entry and be enclosed and mailed **with** your State Finals Entry Form and a well labeled photo of the entry.

**Eligibility:** 1<sup>st</sup> or 2<sup>nd</sup> place in the sub-category in a Local Game. The entry must be the same entry that won at the Local Game.

**Limit:** 1 entry per sub-category.

**Schedule:** Entries must be **delivered** to the McKimmon Center between 12:30 - 3:00 p.m., on Friday, September 30. The SilverArts Showcase will be held on Saturday October 1, from 9:00 a.m. until 4:00 p.m. at the McKimmon Center. Entries must be **picked up** at the McKimmon Center between 4:15 -5:00 p.m. on Saturday, October 1.

**Fee:** \$5 per entry

## **SILVERARTS FOLLIES**

McKimmon Center, 1101 Gorman Street, Raleigh

The **2011 SilverArts Information Form** must be completed for the act by the solo performer/Group Leader and be enclosed **with** their State Finals Entry Form **and** any recorded music (CD).

**Eligibility:** Must be the act chosen as the representative for your Local Game. Each member of the act must submit an individual State Finals Entry Form by 5:00pm on August 1. Each non-solo act must have a Group Leader who is a participant.

**Schedule:** A *required* Technical Workshop will be held on Friday, September 30 starting at 3:00 p.m. The performance will be held on Friday, September 30 at 7:00 p.m. at the McKimmon Center. The order of the show will be included in the *Participant Newsletter*.

**Fee:** None

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place for solo, small group, and large group in each Performing Arts sub-category will be presented at intermission and at the conclusion of the Follies.

## **LITERARY ARTS SHOWCASE**

McKimmon Center, 1101 Gorman Street, Raleigh

The **2011 SilverArts Information Form** must be completed for each entry and be enclosed and mailed **with** your State Finals Entry Form and 3 copies of your entry.

**Eligibility:** 1<sup>st</sup> in the sub-category in a Local Game. The entry must be the same entry that won at the Local Game.

**Limit:** 1 entry per sub-category.

**Fee:** \$5 per entry

## **GET YOUR TICKET FOR THE SILVERARTS FOLLIES!**

**Follies tickets** will be sold on a first-come, first-served basis from July 1-September 1. To purchase, use the *Follies Ticket Order Form* (available on the website July 1-September 1). Complete payment must be received by 5:00 p.m. September 1. No phone calls or emails will be accepted. Tickets will not be mailed but may be picked up at State Finals at WakeMed Soccer Park on Thursday, or the McKimmon Center on Friday, and at the door to the show.

If there are any tickets still available, they will be sold at State Finals at the same locations where tickets may be picked up. Follies performers do not need a ticket.



# 2011 STATE FINALS PRELIMINARY SCHEDULE

State Finals is a program of North Carolina Senior Games, a statewide health promotion and education program for adults 55 years of age and better.

For more information please visit our website at [www.ncseniorgames.org](http://www.ncseniorgames.org)

## MONDAY - WEDNESDAY, SEPTEMBER 12-14

9:00 a.m. – 5:00 p.m. **Softball Tournament**  
Walnut Creek Softball Complex, Raleigh

## MONDAY, SEPTEMBER 26

8:30 a.m. – 5:00 p.m. **Bowling – Mixed Doubles**  
Buffaloe Lanes North, Raleigh

9:00 a.m. – 6:00 p.m. **Tennis**  
Exchange Park, Raleigh

## TUESDAY, SEPTEMBER 27

8:30 a.m. – 5:00 p.m. **Bowling – Doubles**  
Buffaloe Lanes North, Raleigh

9:00 a.m. – 6:00 p.m. **Tennis**  
Exchange Park, Raleigh

## WEDNESDAY, SEPTEMBER 28

8:30 a.m. – 5:00 p.m. **Bowling – Singles & Dbls**  
Buffaloe Lanes North, Raleigh

9:00 a.m. – 6:00 p.m. **Tennis**  
Exchange Park, Raleigh

9:00 a.m. – 2:00 p.m. **Shot Put**  
Cary Academy, Cary

9:30 a.m. – 12:30 p.m. **Running Long Jump**  
Cary Academy, Cary

9:30 a.m. **5 K Run**  
Cary Academy, Cary

10:30 a.m. **1500 Meter Race Walk**  
Cary Academy, Cary

10:30 a.m. – 1:00 p.m. **Standing Long Jump**  
Cary Academy, Cary

1:30 p.m. **800 Meter Run**  
Cary Academy, Cary

2:30 p.m. **100 Meter Dash**  
Cary Academy, Cary

4:00 p.m. **200 Meter Dash**  
Cary Academy, Cary

## THURSDAY, SEPTEMBER 29

8:30 a.m. – 5:00 p.m. **Bowling – Singles**  
Buffaloe Lanes North, Raleigh

9:00 a.m. – 6:00 p.m. **Tennis**  
Exchange Park, Raleigh

8:30 a.m. – 6:00 p.m. **Horseshoes**  
Athens Dr. High School, Raleigh

8:30 a.m. – 6:00 p.m. **Shuffleboard**  
Athens Dr. High School, Raleigh

8:30 a.m. **5 K Race Walk**  
Cary Academy, Cary

9:00 a.m. – 2:00 p.m. **Discus**  
Cary Academy, Cary

10:00 a.m. **1500 Meter Run**  
Cary Academy, Cary

11:30 a.m. – 3:30 p.m. **Spincasting**  
WakeMed Soccer Park, Cary

11:30 a.m. – 3:30 p.m. **Football Throw**  
WakeMed Soccer Park, Cary

11:30 a.m. – 3:30 p.m. **Softball Throw**  
WakeMed Soccer Park, Cary

12:30 p.m. **400 Meter Dash**  
Cary Academy, Cary

4:00 p.m. **SilverStriders Fun Walk**  
WakeMed Soccer Park, Cary

5:00 p.m. **Cheerleader Showcase**  
WakeMed Soccer Park, Cary

6:30 p.m. **Celebration of the Games**  
WakeMed Soccer Park, Cary

## FRIDAY, SEPTEMBER 30

8:30 a.m. – 6:00 p.m. **Horseshoes**  
Athens Dr. High School, Raleigh

8:30 a.m. – 6:00 p.m. **Shuffleboard**  
Athens Dr. High School, Raleigh

9:00 a.m. – 4:00 p.m. **Billiards**  
Buck's Billiards, Cary

9:00 a.m. – 1:00 p.m. **Racquetball**  
NCSU Carmichael Gym, Raleigh

9:00 a.m. – 4:00 p.m. **Badminton Singles**  
Bond Park Community Center, Cary

11:00 a.m. – 3:00 p.m. **Basketball Shooting**  
Laurel Hills Park, Raleigh

12:30 p.m. – 3:00 p.m. **SilverArts Heritage & Visual Check-In**  
McKimmon Center, Raleigh

12:00 noon – 5:30 p.m. **Croquet**  
Bond Park Field 2, Cary

3:00 p.m. **SilverArts Follies Technical Workshop**  
McKimmon Center, Raleigh

7:00 p.m. **SilverArts Follies**  
McKimmon Center, Raleigh

## SATURDAY, OCTOBER 1

8:30 a.m. – 6:00 p.m. **Horseshoes**  
Athens Dr. High School, Raleigh

8:30 a.m. – 6:00 p.m. **Shuffleboard**  
Athens Dr. High School, Raleigh

9:00 a.m. **Archery**  
Bond Park Field 1, Cary

9:00 a.m. – 4:00 p.m. **Senior Expo**  
McKimmon Center, Raleigh

9:00 a.m. – 4:00 p.m. **SilverArts Show**  
McKimmon Center, Raleigh

9:00 a.m. – 5:00 p.m. **Badminton Dbls & Mxd Dbls**  
Bond Park Community Center, Cary

10:00 a.m. – 6:00 p.m. **Swim Meet**  
Triangle Aquatic Center, Cary

9:30 a.m. – 3:30 p.m. **Croquet**  
Bond Park Field 2, Cary

1:00 p.m. – 7:00 p.m. **Table Tennis – Singles**  
Brier Creek Center, Raleigh

4:15 p.m. – 5:00 p.m. **SilverArts Heritage & Visual Pick-Up**  
McKimmon Center, Raleigh

## SUNDAY, OCTOBER 2

8:30 a.m. – 3:00 p.m. **Cycling**  
NC Hwy Patrol Training Center, Garner

9:30 a.m. – 6:00 p.m. **Table Tennis – Dbls & Mixed Dbls**  
Brier Creek Center, Raleigh

## TUESDAY-THURSDAY, OCTOBER 11-13

8:30 a.m. – 6:00 p.m. **Bocce Tournament**  
Clayton Community Park, Clayton

## TUESDAY-WEDNESDAY, OCTOBER 11-12

Tues. 9:00 a.m. Shotgun **Golf Tournament**  
Wed 8:00 a.m. Shotgun Tanglewood Park, Clemmons

## FRIDAY-SUNDAY, OCTOBER 21-23

**Basketball Tournament**  
East Carolina University, Greenville

