



NC SENIOR GAMES STATE FINALS 2018

State Finals lasts for 21 days and showcases over 3000 registered participants in over 70 sports and arts activities. Since the inaugural State Finals in 1985 to the present, this event has become a celebration in the truest sense of the word. It provides individuals, from participants to volunteers, an opportunity to showcase their talents, enjoy being active, renew old skills and learn new ones. Perhaps most important of all, it allows people of all ages to join together in what has come to be called the Senior Games Family.

Big Week, Cary/Durham/Raleigh, TBD

Bocce & Cornhole Tournaments, Clayton, Oct. 2-3

Softball Tournament, Cary, Oct. 5-8

Pickleball Tournament, Concord, Oct. 16-18

Golf Tournament, Winston-Salem, Oct. 16-17

Basketball Tournament, Greenville, TBD



Host North Carolina Senior Games, Inc

NCSG is a non-profit organization that began in 1983 with a mission of creating a year round health promotion and education program for adults 50 years of age and better. Senior Games provides a holistic approach to keeping the body, mind and spirit fit while enjoying the company of friends, family, spectators and volunteers.

Age Divisions Individuals compete for awards in their own sex and age category within five year increments: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

Sports

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|---------------------|----------------|--------------------|-----------------------|
| Archery | Croquet | Race Walking | Swimming |
| Badminton | Cycling | Racquetball | Table Tennis |
| Basketball Shooting | Discus Throw | Running Long Jump | Tennis |
| Billiards | Football Throw | Shuffleboard | Track Events |
| Bocce | Golf | Shot Put | Basketball Tournament |
| Bowling | Horseshoes | Softball Throw | Softball Tournament |
| Cornhole | Pickleball | Standing Long Jump | |

SilverArts

VISUAL ARTS Acrylics... Drawing... Mixed Media... Oil... Pastels... Photography... Sculpture... Watercolor

LITERARY ARTS Essays... Short Stories... Life Experiences... Poetry

PERFORMING ARTS Comedy/Drama... Dance... Instrumental... Vocal... Line Dance

HERITAGE ARTS Basket Weaving... Crocheting... Jewelry... Knitting... Needlework... Quilting... Stained Glass... Toile/Decorative Painting... Thrown & Hand Built Pottery... Weaving... Woodcarving... Woodworking

CHEERLEADING



Contact Information

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