



NORTH
CAROLINA
Senior Games



NC SENIOR GAMES STATE FINALS 2012

State Finals lasts for 16 days and showcases over 3400 registered participants in over 70 sports and arts activities. Since the inaugural State Finals in 1985 to the present, this event has become a celebration in the truest sense of the word. It provides individuals, from participants to volunteers, an opportunity to showcase their talents, enjoy being active, renew old skills and learn new ones. Perhaps most important of all, it allows people of all ages to join together in what has come to be called the Senior Games Family.

State Finals 2012, Cary/Raleigh, September 24-30

Golf Tournament, Winston-Salem, October 9-10

Bocce & Cornhole Tournaments, Clayton, October 9-11

Softball Tournament, Walnut Creek Softball Complex Raleigh, September 10-13

Basketball Tournament, East Carolina University, Greenville, October 19-21

Host

North Carolina Senior Games, Inc (NCSG)

NCSG is a non-profit organization that began in 1983 with a mission of creating a year round health promotion and education program for adults 55 years of age and better. Senior Games provides a holistic approach to keeping the body, mind and spirit fit while enjoying the company of friends, family, spectators and volunteers.

Contact Information

NCSG Office in Raleigh (919) 851-5456

Email ncsg@ncseniorgames.org

Web Site www.ncseniorgames.org

Address 4603 Western Blvd, Raleigh, NC 27606

Sports

Archery	Croquet	Racquetball	Swimming
Badminton	Cycling	Running Long Jump	Table Tennis
Basketball Shooting	Discus Throw	Shuffleboard	Tennis
Billiards	Football Throw	Shot Put	Track Events
Bocce	Golf	Softball Throw	Basketball Tournament
Bowling	Horseshoes	Spin Casting	Softball Tournament
Cornhole	Racewalking	Standing Long Jump	

SilverArts

VISUAL ARTS Acrylics... Drawing... Mixed Media... Oil... Pastels... Photography... Sculpture... Watercolor

LITERARY ARTS Essays... Short Stories... Life Experiences... Poetry

PERFORMING ARTS Comedy/Drama... Dance... Instrumental... Vocal... Line Dance

HERITAGE ARTS Basketweaving... China Painting... Crocheting... Rugs (hooked, braided, woven)...Jewelry... Knitting... Needlework... Quilting... Stained Glass... Tole/Decorative Painting... Tatting & Needlelace... Thrown & Hand Built Pottery... Weaving... Woodcarving... Woodworking

Age Divisions

Individuals compete for awards in their own sex and age category within five year increments: 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

