

**2009 National Senior Games-The Senior Olympics**  
**San Francisco Bay Area (Palo Alto, CA) August 1 - 15, 2009**

For **all** information on Nationals, contact the National Games office at **(225) 766-6316** or visit their website at **www.nsga.com**.

The National Senior Games Association (NSGA) is a separate organization from NC Senior Games. NSGA determines its own rules, sports offered, qualifying procedures, fees, etc. You should contact them directly for any questions, comments or suggestions.

**National Sports:** All sports offered at State Finals are qualifying sports for Nationals, except for the following: basketball shooting, billiards, bocce, croquet, cycling (1 mile), football throw, fun walk, softball throw, spin casting, standing long jump, SilverArts and Cheerleaders. We wish that these events were offered, but the NSGA makes it's own decisions and rules.

**Qualifying and Registration:** Specifics on qualifying will be available at Guest Services at State Finals in 2008, and on a poster at each qualifying event site. Each qualifier will be notified by email or mail, with a congratulations postcard in late November after NCSG submits our qualifiers to the National Games office. State Finals officially ends in late October and we need three weeks to verify all the results and determine qualifiers. Your Local Coordinator will have access to a list from NCSG in late November of all the qualifiers from your Local Game. ***Call your Local Coordinator!*** A list of qualifiers with the events each person qualified for will also be on the NCSG web site in late November 2008. Stay in touch with your Coordinator!

**Other Qualifying Opportunities:** Contact the NSGA for information on other state qualifying games.

**Hotels and Travel:** We are currently seeking more information to provide to you including Hotel and Travel information.

**Nationals Uniform:** The NC "Uniform" for the National Games will be the National Games T-Shirt and your own shorts, skirt or pants. Samples will be available at State Finals Souvenir booths to try on for sizing. The Order Form is available on our website at [www.ncseniorgames.org](http://www.ncseniorgames.org).

National Senior Games Association  
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