



NORTH CAROLINA SENIOR GAMES STATE FINALS 2018 FINAL SCHEDULE AND DETAILS

State Finals –Big week– September 18-24

State Finals Bowling Postponed until September 24-26

Bocce & Cornhole Tournaments – October 2-3

Softball Tournament – October 5-8

Golf Tournament – October 16-17

Pickleball Tournament – October 16-18

Basketball Tournament – October 26-28

CONGRATULATIONS ON BEING A 2018 STATE FINALS PARTICIPANT!

Bring your photo ID. It is required to check in at every activity each day!

Also bring this Schedule, the attached Final Confirmation, and a list of your medications and health conditions.

Details for all activities can be found at: <http://www.ncseniorgames.org/sf.htm>

Your Final Confirmation is enclosed/attached.

Review it carefully and bring it with you to State Finals. No changes can be made at the Games. As a courtesy to your fellow participants, notify NCSG in writing by email or USPS before the games if your plans change and you will not participate in any one of your activities. You must present your photo ID each day at every activity to check in. The schedule has been designed to provide the fewest possible conflicts for the most people. However, with 3150 participants, you may have conflicting event times and need to make some choices. Our hope is that you can start and finish every event in which you are registered. There may be short waits at some events. Thanks for your patience.

During the Games, please notify the Event Manager if you are going to forfeit in a tournament event so that your opponent may be informed. Some people are driving from 6 hours away. Please be considerate.

Cancellation Deadline & Refunds: September 1 is the last day to cancel an activity and/or request a refund (exceptions: Softball Tournament, Pickleball, Golf, & Basketball Tournaments). Your written (email or USPS) refund request must be received by NCSG by September 1. No refunds after this date. Refund checks will be mailed after State Finals ends in late October. There is a \$15 non-refundable processing fee for complete cancellations.

Appeals Policy: All appeals must be made within 30 minutes of the conclusion of the game, match, heat or activity under appeal to a Sports or Arts Director, or right to appeal will be forfeited. If the activity has ended, go to an Awards area immediately and request to meet with the Sports or Arts Director.

Inclement Weather Plans: Plan for all types of weather! Please check with Event Managers for changes in schedules. NCSG reserves the right to change tournament format or postpone and/or cancel events. In case of inclement weather, schedule changes will be posted at the venue, Information Areas, on the NCSG at the link above, and with a recorded message at 919-851-5456.

Attention: SilverArtists & Cheerleaders

SilverArts Details Insert is included with this Final Schedule and at

www.ncseniorgames.org/artssf.htm.

The Insert has important information for SilverArtists. Please read it carefully!

IMPORTANT DATES

- Sept 1:** **Cancellation Deadline** & last day to change already registered Partner (except as noted)
- Sept 24: Softball Tournament: Cancellation Deadline & last day to add team members
- Sept 28: Pickleball Cancellation Deadline & last day to change already registered Partner
- Oct 9: Golf Tournament Cancellation Deadline
- October 12: Basketball Tournament: Cancellation Deadline & last day to add team members

NORTH CAROLINA SENIOR GAMES STATE FINALS 2018 FINAL SCHEDULE AND DETAILS (page 2)

More information on these topics at: <http://www.ncseniorgames.org/sf.htm>

Hotels, Directions & Parking: Host hotels are on the Preliminary Confirmation Details and the website. Driving Directions with venue addresses and a map are on the State Finals page of our website at the link above. Look for the blue and white Senior Games highway signs. NCSG is not responsible for parking tickets or towed vehicles. Park only in designated parking lots, not on the sides of roads. Traffic flow is necessary for emergency and service vehicles.

Medical Services: NCSG is committed to providing high quality first aid and medical services for you. Should you require medical assistance or medical treatment, please notify your Event Manager and ask for Medical Services or look for the Rex Emergency Response Team Staff in Raleigh/Cary. In the event of an emergency that requires EMS transport, you will be responsible for the cost of that transport. Please have your ID, list of medical conditions and medications with you at all times at State Finals.

State Finals is for Everyone! Your safety and the sportsmanlike conduct of everyone is of paramount concern. State Finals officials have the authority to disqualify, and/or remove from current and future NCSG programs, anyone who exhibits inappropriate behavior or a condition of medical concern. Pets are not allowed in the competition or spectator areas. All activities will be held in a smoke-free environment.

SilverArts: Come enjoy the SilverArts Celebration!

- **Celebration of the Games and Cheerleader Showcase** – Thursday, September 20 at 5:00 pm at the McKimmon Center.
- **Visual, Heritage and Literary Arts Showcases** – Friday, September 21, 9:30 am–3:00 pm at the McKimmon Center.
- **SilverArts Follies** – Friday, September 21, at 7:00 pm at the McKimmon Center. Follies tickets may be ordered until September 7 on the website. Sales of any remaining tickets and pre-sold tickets will be in McKimmon Center on Thursday and Friday, September 20–21.

Awards & Results: Awards will be presented at most events once results are complete. Medals may also be picked up for any completed event at the McKimmon Center on Thursday – Friday. Please refer to the poster at your event site or check with your Event Manager to find out the time the results of your event should be completed. If you are unable to pick up your medal, arrange for someone to do it for you. Medals will be mailed only by special written request and pre-payment of \$5 for postage and handling per medal. Results are available free on our website at www.ncseniorgames.org and from your Local Coordinators.

Concessions: Bring your own food and beverages to State Finals and a reusable cup or bottle for water. Concessions may be available at some events but are not guaranteed.

National Senior Games: This IS a qualifying year for the 2019 National Games to be held in Albuquerque, NM. For details on NSGA sports, rules, how to qualify, etc., call the National office at (225)766-6800 or visit their website: www.nsga.com.

Statewide Grand Patron



State Finals Gold Sponsors



State Finals Silver Sponsors



State Finals Bronze Sponsors





STATE FINALS 2018 FINAL DETAILED SCHEDULE

SCHEDULE INFORMATION AT www.ncseniorgames.org/sf.htm

- You must compete at the scheduled time for your age/sex category or the age category of your doubles team.
- Starting time is forfeit time, unless otherwise noted. If conflicts exist, the choice of events is *yours*.
- Tournament format is single elimination, unless otherwise noted. If you win in a tournament event, you will continue to play; plan accordingly.
- Sunday, September 23, is scheduled as a make-up day for any delays for prior events in Cary/Raleigh.
- See "Sports Information" page of this Final Schedule for important event details.
- Practice and Warm-Ups:** Warm up/practice only in designated areas at scheduled times.
- Rules: All sports will be conducted in accordance with the 2018 edition of the NCSG Official Rules Book, available on our website or from your Local Coordinator. Equipment specifications are in the NCSG Rules Book.

Postponed until-MONDAY, SEPTEMBER 24

Bowling – Mixed Doubles

Age Category determined by the younger player as of Dec 31, 2018.

<u>50-54 2:30 pm</u>	<u>70-74 11:30 am</u>
<u>55-59 2:30 pm</u>	<u>75-79 11:30 am</u>
<u>60-64 2:30 pm</u>	<u>80-84 2:30 pm</u>
<u>65-69 11:30 am</u>	<u>85-89 2:30 pm</u>

Postponed until-TUESDAY, SEPTEMBER 25

Bowling – Doubles

Age Category determined by the younger player as of Dec 31, 2018.

<u>Female 50-54 11:30 am</u>	<u>Male 50-54 11:30 am</u>
<u>Female 55-59 11:30 am</u>	<u>Male 55-59 2:30 pm</u>
<u>Female 60-64 8:30 am</u>	<u>Male 60-64 11:30 am</u>
<u>Female 65-69 8:30 am</u>	<u>Male 65-69 8:30 am</u>
<u>Female 70-74 11:30 am</u>	<u>Male 70-74 2:30 pm</u>
<u>Female 75-79 2:30 pm</u>	<u>Male 75-79 2:30 pm</u>
<u>Female 80-84 2:30 pm</u>	<u>Male 80-84 2:30 pm</u>
<u>Female 85-89 2:30 pm</u>	<u>Male 85-89 2:30 pm</u>

Postponed until-WEDNESDAY, SEPTEMBER 26

Bowling – Singles

<u>Female 50-54 8:30 am</u>	<u>Male 50-54 2:30 pm</u>
<u>Female 55-59 11:30 am</u>	<u>Male 55-59 2:30 pm</u>
<u>Female 60-64 2:30 pm</u>	<u>Male 60-64 11:30 am</u>
<u>Female 65-69 11:30 am</u>	<u>Male 65-69 8:30 am</u>
<u>Female 70-74 8:30 am</u>	<u>Male 70-74 8:30 am</u>
<u>Female 75-79 2:30 pm</u>	<u>Male 75-79 11:30 am</u>
<u>Female 80-84 2:30 pm</u>	<u>Male 80-84 11:30 am</u>
<u>Female 85-89 2:30 pm</u>	<u>Male 85-89 2:30 pm</u>
<u>Female 90-94 2:30 pm</u>	<u>Male 90-94 2:30 pm</u>
<u>Female 95-99 2:30 pm</u>	

WEDNESDAY, SEPTEMBER 19

Shot Put	10:00 am – 3:30 pm
Discus	10:00 am – 3:30 pm
Long Jump Running	9:30 am – 12:30 pm
Long Jump Standing	10:30 am – 12:30 pm
Track Events:	
5K Race Walk	8:30 am
1500 m Run	9:30 am
400 m Dash	10:30 am
100 m Dash	11:15 am
800 m Dash	12:00 pm
50 m Dash	12:45 pm
200 m Dash	1:30 pm
1500 m Race Walk	
Females: 2:15pm	Males: 2:45pm

Tennis Specific reporting times at www.ncseniorgames.org/tennis.htm

THURSDAY, SEPTEMBER 20

Awards at McKimmon Center 4:30 pm – 6:30 pm

Celebration of the Games

featuring the **Cheerleader Showcase** – 5:00 pm

Join your Local Games delegation for the Celebration of the Games presented by Humana. Contact your Local Coordinator for your Game's Celebration plans. Enjoy the SilverArts Show "Sneak Peek" prior to the Celebration.

SilverArts

Heritage & Visual Check-In	10:00 am–Noon
SilverArts Show Sneak Peek	4:00 pm–4:45 pm

Open Events:

Football Throw, Softball Throw 9:00am – 12:45pm

SilverStriders Fun Walk 1:00pm

Tennis Specific reporting times at www.ncseniorgames.org/tennis.htm

5K&10K Runs- 9:00 am (check-in required by 8:30am)

Horseshoes

<u>Female 50-54 10:30 am</u>
<u>Female 55-59 11:00 am</u>
<u>Female 60-64 10:30 am</u>
<u>Female 65-69 11:30 am</u>
<u>Female 70-74 8:30 am</u>
<u>Female 75-79 8:30 am</u>
<u>Female 80-84 9:30 am</u>
<u>Female 85-89 12:30 pm</u>
<u>Female 90-94 10:30 am</u>
<u>Female 95-99 8:30 am</u>

Shuffleboard

<u>Male 50-54 9:00 am</u>
<u>Male 55-59 11:15 am</u>
<u>Male 60-64 12:00 pm</u>
<u>Male 65-69 9:00 am</u>
<u>Male 70-74 10:30 am</u>
<u>Male 75-79 12:00 pm</u>
<u>Male 80-84 9:00 am</u>
<u>Male 85-89 9:45 am</u>
<u>Male 90-94 9:00 am</u>

Additional age groups on Friday

FRIDAY, SEPTEMBER 21

Awards at McKimmon Center 9:00 am – 5:00 pm

Basketball Shooting 9:00 am – 12:30 pm

Badminton

Singles: All Females: 3:00 pm All Males: 3:45 pm

Doubles: All Females 12:00 pm All Males: 12:45 pm

Age Category determined by the younger player as of Dec 31, 2018.

Mixed Doubles: All age groups 9:00 am

Racquetball All ages 9:00 am

SilverArts—

SilverArts Show	9:30 am–3:00 pm
Follies Technical Workshop	See SilverArts Insert
Heritage & Visual Pick-Up	3:15 pm– 4:30 pm
Follies	7:00 pm

Tennis Specific reporting times at www.ncseniorgames.org/tennis.htm

Friday continued on next page>>

STATE FINALS 2018 FINAL DETAILED SCHEDULE (page 2 of 2)

FRIDAY, SEPTEMBER 21 continued from previous page

Billiards

Female 50-54 1:30 pm	Male 50-54 1:30 pm
Female 55-59 1:30 pm	Male 55-59 9:00 am
Female 60-64 1:30 pm	Male 60-64 9:00 am
Female 65-69 9:00 am	Male 65-69 10:30 am
Female 70-74 1:30 pm	Male 70-74 1:00 pm
Female 75-79 10:30 am	Male 75-79 11:00 am
Female 80-84 9:30 am	Male 80-84 12:00 pm
Female 85-89 9:00 am	Male 85-89 1:30 pm
Female 90-94 1:30 pm	Male 90-94 1:30 pm

Shuffleboard

Female 50-54 1:30 pm
Female 55-59 9:00 am
Female 60-64 10:30 am
Female 65-69 12:00 pm
Female 70-74 9:00 am
Female 75-79 10:30 am
Female 80-84 1:30 pm
Female 85-89 1:30 pm
Female 90-94 1:30 pm

Horseshoes

Male 50-54 10:30 am
Male 55-59 12:00 pm
Male 60-64 10:30 am
Male 65-69 8:30 am
Male 70-74 9:30 am
Male 75-79 11:30 am
Male 80-84 8:30 am
Male 85-89 10:30 am
Male 90-94 10:00 am

Additional age groups on Thursday

SATURDAY, SEPTEMBER 22

Archery 9:00 am

Croquet

Female 50-54 3:30 pm	Male 50-54 5:00 pm
Female 55-59 12:30 pm	Male 55-59 5:00 pm
Female 60-64 2:00 pm	Male 60-64 5:00 pm
Female 65-69 2:00 pm	Male 65-69 3:30 pm
Female 70-74 11:00 am	Male 70-74 9:30 am
Female 75-79 12:30 pm	Male 75-79 5:00 pm
Female 80-84 2:00 pm	Male 80-84 9:30 am
Female 85-89 3:30 pm	Male 85-89 5:00 pm
Female 90-94 3:30 pm	
Female 95-99 3:30 pm	

Swim Meet – Warm-ups 9:00 am Meet begins 9:30 am
Heat Sheets will be posted on the NCSG website by mid September.

Order of events (Same as in Entry Packet):

- | | |
|------------------|-------------------|
| 1. 200 yd Free | 9. 50 yd Back |
| 2. 100 yd Breast | 10. 100 yd IM |
| 3. 100 yd Fly | 11. 200 yd Fly |
| 4. 50 yd Free | 12. 100 yd Back |
| 5. 200 yd IM | 13. 200 yd Breast |
| 6. 50 yd Breast | 14. 50 yd Fly |
| 7. 200 yd Back | 15. 400 yd IM |
| 8. 100 yd Free | 16. 500 yd Free |

Table Tennis

Singles

Female 50-54 11:45 am	Male 50-54 8:25 am
Female 55-59 11:20 am	Male 55-59 9:40 am
Female 60-64 12:10 pm	Male 60-64 8:25 am
Female 65-69 12:10 pm	Male 65-69 8:25 am
Female 70-74 10:55 am	Male 70-74 10:30 am
Female 75-79 10:55 am	Male 75-79 8:25 am
Female 80-84 11:20 am	Male 80-84 9:40 am
Female 85-89 11:45 am	Male 85-89 10:55 am
Female 90-94 12:10 pm	Male 90-94 9:40 am
Female 95-99 12:10 pm	

Table Tennis continued from previous column

Doubles Age Category determined by the younger player as of Dec 31, 2018.

Female 50-54 3:05 pm	Male 50-54 1:25 pm
Female 55-59 3:05 pm	Male 55-59 1:25 pm
Female 60-64 3:05 pm	Male 60-64 1:25 pm
Female 65-69 3:05 pm	Male 65-69 1:25 pm
Female 70-74 3:05 pm	Male 70-74 1:25 pm
Female 75-79 3:05 pm	Male 75-79 1:25 pm
Female 80-84 3:05 pm	Male 80-84 1:25 pm
Female 85-89 3:05 pm	Male 85-89 1:25 pm

Mixed Doubles All age groups at 4:45 pm

Age Category determined by the younger player as of Dec 31, 2018.

Tennis Specific reporting times at www.ncseniorgames.org/tennis.htm

SUNDAY, SEPTEMBER 23

Cycling See "Sports Information" page for check-in requirements.

1 mile start time:	8:30 am
5K start time:	11:00 am
10K start time:	1:30 pm

Tennis Specific reporting times at www.ncseniorgames.org/tennis.htm

TUESDAY-WEDNESDAY, OCTOBER 2-3

(see below for reporting day and time)

Bocce

Female 50-54 Tue 11:30 am	Male 50-54 Wed 10:00 am
Female 55-59 Tue 2:30 pm	Male 55-59 Wed 8:30 am
Female 60-64 Tue 11:30 am	Male 60-64 Wed 1:00 pm
Female 65-69 Tue 8:30 am	Male 65-69 Wed 8:30 am
Female 70-74 Tue 8:30 am	Male 70-74 Wed 8:30 am
Female 75-79 Tue 11:30 am	Male 75-79 Wed 11:30 am
Female 80-84 Tue 8:30 am	Male 80-84 Wed 10:00 am
Female 85-89 Tue 11:30 am	Male 85-89 Wed 11:30 am
Female 90-94 Tue 2:30 pm	Male 90-94 Wed 10:00 am
Female 95-99 Tue 11:30 am	

Cornhole

Female 50-54 Wed 12:00 am	Male 50-54 Tue 11:30 am
Female 55-59 Wed 11:00 am	Male 55-59 Tue 11:30 am
Female 60-64 Wed 11:00 am	Male 60-64 Tue 11:00 am
Female 65-69 Wed 9:50 am	Male 65-69 Tue 9:00 am
Female 70-74 Wed 9:00 am	Male 70-74 Tue 9:00 am
Female 75-79 Wed 9:00 am	Male 75-79 Tue 9:50 am
Female 80-84 Wed 10:30 am	Male 80-84 Tue 10:40 am
Female 85-89 Wed 12:00 pm	Male 85-89 Tue 11:00 am
Female 90-94 Wed 12:00 pm	Male 90-94 Tue 9:50 am
Female 95-99 Wed 11:00 am	

FRIDAY-MONDAY, OCTOBER 5-8

Softball Tournament- Detailed schedule will be published on the teams page of the NCSG website by September 1. www.ncseniorgames.org/teams.htm.

TUESDAY-WEDNESDAY, OCTOBER 16-17

Golf Tournament Tues 9:00 am Shotgun Start
Wed 8:00 am Shotgun Start

TUESDAY-THURSDAY, OCTOBER 16-18

Pickleball Tournament- Specific details in [Pickleball Final Schedule](#) published and sent to all pickleball participants by September 1.

FRIDAY-SUNDAY, OCTOBER 26-28

Basketball Tournament – Detailed schedule will be published on the teams page of the NCSG website by September 1. www.ncseniorgames.org/teams.htm.

2018 STATE FINALS SPORTS INFORMATION

Additional details for all activities at www.ncseniorgames.org/activitydetails.htm

5K & 10K RUNS

Bond Park, 801 High House Rd, Cary

Cross Country course on soft packed mulch and some hills. Bib and chips for timing. Registration is 7:30-8:30, races begins at 9am. Course map and details are posted at above link.



ARCHERY

NCSU Miller Field, 821 Dan Allen Dr, Raleigh

Per NCSG Rules Book, 900 Round. Miller Field is the right near the bottom of the hill. See *Driving Directions* for specific details on where to park for new location. For safety, the gate onto the field near Morrill Drive will be locked. Do not plan to park there! Access the field from the Dan Allen gate only.

BAMINTON

Bond Park Community Center, 801 High House Rd, Cary

Shuttlecocks will be yellow feather Genji Sports Super Tournament Grade (77 speed.) Shoes that would mark the wooden floor are prohibited. Please check in 15 minutes prior to start time.

BASKETBALL SHOOTING

Herbert Young Community Center, 101 Wilkinson Ave, Cary

Compete any time during the scheduled event time; no specific reporting time. Early hours are the busiest. Park in the deck for first floor access to the building; there is no elevator in the Community Center.

BASKETBALL TOURNAMENT

East Carolina University, Greenville

Details and the preliminary schedule will be sent to Team Captains and all participants with email addresses by September 1. Contact your Team Captain for all details. All teams must have at least 3 players checked in one hour before their first game time or the team may be forfeited from the tournament. Cancellation deadline is October 12. The last day to notify NCSG of a roster change is October 12; no changes may be made at the Tournament. Participants are responsible for practice balls **and towels (not provided by ECU)**.

BILLIARDS

Bucks Billiards, 1102 Buck Jones Rd, Raleigh

Tournament format is single elimination. Concessions are available for purchase.

BOCCCE

Clayton Community Park, 524 Guy Rd entrance, Clayton

The courts are 60' x 12' and have a surface of crushed gravel. Registration opens at 8:00 am. Matches will be 2 out of 3 games. Each game is divided into a maximum of 5 frames OR first person to score 7 points, whichever comes first. If the score is tied after 5 frames, one additional frame will be played.

BOWLING

Buffaloe Lanes North, 5900 Oak Forest Dr, Raleigh

It is impossible to schedule all participants in singles, doubles and mixed doubles on the same or consecutive days. Our goal is to have age groups bowl together and receive awards immediately after their competition.

CORNHOLE

Clayton Community Center, 715 Amelia Church Rd

Registration opens at 8:30 am. A match will consist of 2 out of 3 games to 7 frames or 21 points, whichever comes first.

CROQUET

Bond Park Field 6, 801 High House Rd, Cary

An optional session to review the rules will be held 15 minutes prior to the start of each sex/age group. Participants may use their own mallets if they comply with NCSG rules.

CYCLING

*NC Highway Patrol Training & Driving Facility
380 East Tryon Rd, Raleigh*

Volunteer lap counters will NOT be provided. Bring a bike computer or friend if you need help counting laps. At check-in, cyclists will be given a small chip (band aid size) that will be attached to the center/top of the helmet. It is imperative that cyclists bring their helmets to the check-in area and properly affix the chip before leaving check-in. **Cyclists should check in a minimum of 30 minutes prior to each race start time.** Individual start times will be emailed to all participants in late September. Cyclists who miss their start times cannot be "added to the back" after other cyclists. The races will use time trials with individual starts against the clock at 1 minute intervals. The facility will open at 7:45 am for registration and 8:00 am for warm-up. Cyclists are responsible for the operation and mechanical safety of their bicycles. See www.ncseniorgames.org/activitydetails.htm for additional details.



CELEBRATION OF THE GAMES - featuring the Cheerleader Showcase

Thursday, September 20, 5:00 pm

McKimmon Center, 1101 Gorman St, Raleigh

Join your Local Games delegation for the Celebration of the Games presented by Humana. Contact your Local Coordinator for your Game's Celebration plans. Enjoy the SilverArts Show "Sneak Peek" prior to the Celebration.

2018 STATE FINALS SPORTS INFORMATION PAGE 2 of 2

DISCUS & SHOT PUT

Durham County Memorial Stadium, 401 Wisteria Ave, Durham
Compete any time during the scheduled event time; no specific reporting time. Follow the signs for discus/shotput if you don't compete in long jumps or track events.

FOOTBALL/SOFTBALL THROWS & SILVERSTRIDERS FUN WALK

Method Road Community Center, 514 Method Rd, Raleigh
For the Fun Walk, a special award will be given to each participant at the completion of the event. Throws: Compete any time during the scheduled event time; no specific reporting time. Early hours are the busiest.

GOLF

Tanglewood Golf Course, 4061 Clemmons Rd, Clemmons
Registration opens at 8:00 am Tuesday, Oct. 16, and 7:30 am Wednesday, Oct. 17. Women & men 80+ will continue to play from the forward tees & all other men from the senior tees. Two-day, 36-hole tournament, both courses played. Shotgun start each day. USGA rules apply with some tournament adaptations. Pairings are based on local qualifying scores. Only registered participants are allowed on carts. Spectators and caddies are not permitted on the course. Tanglewood provides a bag drop area at the entrance to the Pro Shop. Cancellation deadline is October 9. Please plan to bring your own food and snacks as lunch is on your own both days. Concessions are available at the Champions Grill. Practice rounds (at regular course fee rates) may be scheduled no more than 10 days in advance of the desired date by calling (336) 703-6420.

PICKLEBALL

Carolina Courts, 24 SW Spring St, Concord
562 participants!! Details will be sent to all participants in a separate Final Schedule by September 1. Cancellation deadline and last day to add a partner **September 28**.

RACQUETBALL

NCSU Carmichael Gym, 2611 Cates Ave, Raleigh
Tournament format is round robin. Shoes that would mark the wooden floor are prohibited. Parking is limited at NCSU. Directions on the Senior Games website give details on the location of the play to park deck.

HORSESHOES & SHUFFLEBOARD

Adjacent to Athens Drive High School tennis courts. Parking is by the Crowder Woodland Center and in the gravel lot at the end of Jaguar Park Dr. 5611 Jaguar Park Dr, Raleigh, NC 27606

Please do not park on the side of the road or in the parking lot beside the courts, they are reserved for student parking.

LONG JUMPS

Durham County Memorial Stadium, 750 Stadium Dr, Durham
Compete any time during the scheduled event time; no specific reporting time. Follow the signs for track...long jump & track participants use the same parking lot.

SOFTBALL TOURNAMENT

Thomas Brooks Park, Cary

Details and the preliminary schedule will be posted at www.ncseniorgames.org/teams.htm and sent to Team Captains and all participants with email addresses by September 1. Contact your Team Captain for all details. Cancellation deadline and last day to add registered members to a roster is October 12; no changes may be made at the Tournament.

SWIMMING

Triangle Aquatics Center, 275 Convention Dr, Cary
Warm-ups will be held from 9:00 am – 9:30 am and throughout the meet. Events will begin at 9:30 am in the 25 yd pool. Water temperature will be 79–81 degrees. Heat sheets will be on our website in mid-September. Please print a copy and bring it with you.

TABLE TENNIS

Triangle Table Tennis Center

2900 Perimeter Park Dr, Ste 200, Morrisville

For details on our state-of-the-art host facility, visit their website at triangletabletennis.com. New details regarding check in and the flow of participants throughout the day can be found at www.ncseniorgames.org/activitydetails.htm. Tournament format will be round robin. All participants within a pool will be assigned a table to play all of their matches. Places are determined by round robin results for age groups with six or less. For age groups with seven or more participants, single elimination play will determine places at the conclusion of pool play. Officials may require a change of attire if one's clothing is deemed a hindrance to the opponent. Shoes that would mark the floors are prohibited. Paddles are not provided. Sandpaper paddles are not legal and the covering material of the paddle faces shall be bright red on one side and black on the other.

TRACK EVENTS

50m, 100m, 200m, 400m Dashes;

800m & 1500m Runs

1500m & 5k Race Walks

Durham County Memorial Stadium, 750 Stadium Dr, Durham
New track check in procedures and participant flow throughout the day can be found at www.ncseniorgames.org/activitydetails.htm.

Participants must check in at the track clerking tent on the football field 30 minutes prior to the event time or they may be forfeited. The track has a red latex rubber granular surface. Competitors may wear ¼ inch pyramid spikes or smaller, no needle spikes. A participant may use provided starting blocks or bring their own. In track events, women will precede men, and heats will be run with the oldest age group first, followed by the younger participants in descending order. Race walkers must wear attire that leaves the knees exposed or allows the judges to see the position of the knees.