



NORTH CAROLINA SENIOR GAMES

Silver Arts SM

Booklet

(For Participants, Including Cheerleaders)

15th Edition, January 2010

*Copyright © 1995 by North Carolina Senior Games, Inc.
Raleigh, NC
All Rights Reserved*

SILVERARTS PHILOSOPHY

SilverArts, "a celebration of the creative expression of seniors in North Carolina", is a major component of the traditional athletic competition of North Carolina Senior Games. In a philosophy that strives to keep seniors healthy, active and involved, SilverArts unites the athlete and artist in a program that recognizes the similarities of both endeavors: discipline, dedication, and pride in one's accomplishments.

SilverArts provides a stage for the creative talents of the visual, heritage, literary, and performing artists. Encouragement and recognition of creative potential and accomplishment is the goal of the SilverArts program.

A SilverArts program need not, and perhaps should not, rely solely on standard arts events as models for their content, format, and philosophical base. SilverArts Coordinators should explore presentation and program ideas that will enable them to "celebrate" total wellness through creative talents. In short, the core of a SilverArts program should be a celebration of person-hood as expressed through artistic creativity. In addition to the selection of Local Games representatives to State Finals, the SilverArts Coordinator should provide opportunities for as many artists as possible to be showcased and recognized through the creation of additional Local Games special recognition and awards (e.g., Best of Show, Most Improved, People's Choice, Most Original, etc.).

Regardless of its structure or content, SilverArts is a very significant part of the total Senior Games program. In addition to giving seniors a venue for celebrating their creative talents, it inspires people of all ages to consider the life-long benefits of artistic expression. SilverArts contributes to the "total wellness" of your whole community.

HISTORY OF SILVERARTS

Incorporating arts with athletics in the Senior Games program was an idea conceived in 1986 and encouraged at the local level. In the spring of 1987, three Local Games hosted SilverArts and the respective Coordinators reported their success in a session during the 1988 NCSG Conference.

The SilverArts session held at the 1989 Senior Games Conference defined the SilverArts philosophy implemented at present -- a celebration of the artist and the creative process. For the first few years, SilverArts celebrated the Visual, Literary and Performing Arts. Representatives selected by Local Games were showcased at State Finals. Many Local Games added Heritage Arts to their program. Because of its popularity on the local level and numerous requests by participants and Local Coordinators across the state, the Heritage Arts were added as an official category in 1991.

Many participants expressed their desire for more than a showcase at State Finals. In 1993, State Finals offered a SilverArts competition and awarded first, second, and third places in each sub-category of Visual, Literary and Heritage Arts; and first, second, and third places in Performing Arts and Cheerleading.

At present, SilverArts recognizes four broad categories, each with many sub-categories. First and second place winners in each sub-category of Visual and Heritage Arts are eligible for State Finals. One overall winner in the Literary Arts, Performing Arts and Cheerleading categories are also eligible to attend and compete at State Finals.

NCSG judges SilverArts at State Finals. Medals are awarded in each sub-category in Visual, Literary, and Heritage Arts. Medals in Performing Arts are awarded to solo, small group (2 - 4 performers), and large group (5 or more performers), per sub-category. Medals in cheerleading are awarded in two group sizes; small and large (5 or more).

North Carolina Senior Games is excited about the potential of the SilverArts component, its impact on citizens of *all* ages across the state of North Carolina, and its contribution to the completion of the total wellness circle.

SILVERARTS CATEGORIES AND SUBCATEGORIES

1. Heritage Arts

Sub-categories:

Basket Weaving

Crocheting

Jewelry

Pottery (Thrown & Hand Built)

Rugs (hooked, braided, woven)

Tole/Decorative Painting

Weaving

Woodworking

China Painting

Needlework

Knitting

Quilting (hand and machine)

Tatting & Needlelace

Stained Glass

Woodcarving

Woodturning

2. Literary Arts

Sub-categories:

Essays

Life Experiences (autobiographical)

Poems

Short Stories (fiction)

3. Performing Arts

Sub-categories:

Comedy/Drama

Dance

Instrumental

Vocal

Line Dancing

4. Visual Arts

Sub-categories:

Acrylics

Mixed Media

Pastels

Sculpture

Drawing

Oil

Photography

Watercolor

5. Cheerleading

SILVERARTS GUIDELINES

1. SilverArts is a Senior Games program and must be promoted as such. It must be held locally between February 1 and June 15. If SilverArts is held separately from the sports competition, the SilverArtists should be included, and recognized, as a part of the Local Games: i.e., showcases, performances, awards ceremonies, special events, etc.
2. All persons entering SilverArts must be 55 years of age or better as of December 31st, a N.C. resident for a minimum of 3 consecutive months of the calendar year, and must qualify through a Local Senior Games SilverArts program for State Finals.
3. A Local Game must offer at least half of the official categories and/or sub-categories. Additional categories and sub-categories not offered at State Finals may be offered by a Local Game, but winners should be informed that they will not qualify for State Finals.
4. An artist may only submit one (1) entry per sub-category at State Finals; except in Performing Arts - an artist may only have one (1) entry per size of Act in each sub-category.
5. Each Local Games may send/submit a first place qualifier in each Literary Arts sub-category; one Act/entry in Performing Arts and Cheerleading to State Finals; and the first and second place qualifiers in each Heritage and Visual Arts sub-category. The Local Game may determine how to choose the Performing Act to represent their Game at State Finals.
6. NCSG will judge SilverArts at State Finals. Medals will be awarded in each sub-category in Visual, Literary, and Heritage Arts. Medals in Performing Arts will be awarded to solo, small group (2 - 4 performers), and large group (5 or more performers) in each sub-category.
7. The SilverArts entry/entries entered at State Finals **must be the same** entry/entries that won in the Local Games competition.
8. Entries must be the original work of the artist and must have been completed within 2 years of the Local Games' qualifying date.
9. An art entry may only be entered in one (1) SilverArts sub-category at State Finals.
10. Artists must not submit an entry if the piece/performance/entry has been showcased in the previous SilverArts Showcase at State Finals.
11. Art entry/entries incorrectly categorized by the artist, or not in compliance with NCSG Guidelines and Category Requirements, will not be considered in the judging process.
12. Local Games should include the NCSG *SilverArts Guidelines* and the *Specific Category Requirements* with/in the Local Games SilverArts Entry Form. A camera-ready copy is in the SilverArts Manual.

SPECIFIC CATEGORY REQUIREMENTS FOR SILVERARTS

- All persons entering SilverArts must be 55 years of age or better as of December 31st, a N.C. resident for a minimum of 3 consecutive months of the calendar year, and must qualify through a Local Senior Games SilverArts program for State Finals.
- Art entry/entries incorrectly categorized by the artist, or not in compliance with NCSG Guidelines and Requirements, will not be considered in the judging process.

A. Heritage Arts

- Entries must be the work of the individual and not a group.
- Heritage Art entries must be an original work. Patterns may be used, but no stamped pieces will be accepted.
- Pottery must be hand built or thrown.
- Latch hook rugs and pieces from ceramic molds will not be accepted.
- All framed work must be securely wired, ready to be hung (no serrated hooks or string). Two-dimensional work not properly framed and wired will not be displayed.
- Framed works can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- All entries, except framed work, must be able to be displayed in an area 3'(W) x 3'(L) x 5'(Height).
- Groupings (sets) shall have no more than 3 separate pieces per set. All objects within each piece of the set must be contained within or attached to one of the 3 pieces of the set.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photo of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- The heritage arts piece entered at State Finals must be the same piece that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals

B. Literary Arts

- All entries must be typed, double-spaced, on 8-1/2 x 11 paper and have a minimum of 1" margins. A minimum font size is 10-point type.
- Poems can be no longer than 40 lines.
- Short stories, essays, and life experiences can be no longer than 8 pages.
- All entries must have a title page, which includes title of work, sub-category, and name of artist.
- Artist's name should not appear on the content pages.
- A **display-quality copy** of the winning Literary Arts entries, and three (3) additional photocopies, should be submitted to NCSG by the artist with their official *State Finals Entry Form* and *SilverArts Information Form*. No framed or matted entries will be accepted.
- The original and all copies will be retained by NCSG, Inc.
- The literary arts piece entered at State Finals must be the same piece that won at the Local Games.

C. Performing Arts

- An artist may only have one (1) entry per size of act in each sub-category.
- Performing entries are limited to three (3) minutes of on-stage time. Exceeding the time limit will result in automatic disqualification. Timing begins with the first note of music or the first movement visible to the audience and ends with the exit of the last performer from the stage or final movement of the act.

- Performing entries may be one of the following: (a) soloists, (b) small groups (2 - 4 performers), or (c) large groups (5 or more performers). Accompanist(s) will be counted to determine size of act. No one under age 55 as of Dec. 31st will be permitted on stage and an accompanist *must* be a registered participant.
- All performers for all acts must enter stage right and exit stage left or begin and end on the stage. See the SilverArts Manual for a stage diagram.
- If recorded music is used, the artist/group leader must provide to NCSG by August 1st (with *State Finals Entry Form* and *SilverArts Information Form*) a high-quality CD for their performance. No recorded instruction is permitted. Artists should pick up their music after the performance...it will not be mailed/returned. Their music/song should be the only music on the CD.
- At State Finals, NCSG can provide the following items: Microphone(s), Piano, Sound system, and CD player. The act is responsible for all other props and equipment (including music stands, chairs, etc.) and must get NCSG advance approval for use at Show.
- Voice presentations must be a *live* performance by the artist. Background music can be recorded. Lip-synch is not permitted as a performing art.
- The Group Leader, who must be a participant must complete the *SilverArts Information Form* for the group and submit it with their *State Finals Entry Form*, and each member of the group must submit their own personal *State Finals Entry Form* by the August 1st deadline.
- The performance at State Finals must be the same performance that won at the Local Games; i.e. same song, dance, music, etc.
- No live animals are allowed, except for service animals.

D. Visual Arts

- All artwork, except sculpture, must be framed, securely wired, and ready to be hung (no serrated hooks or string). Artwork, except sculpture, not properly wired will not be displayed.
- Artwork, except sculpture, can be no larger than 36" x 42", including matting and frame.
- Entries can be no heavier than 50 pounds.
- Sculpture groupings (sets) may have no more than 3 pieces per grouping (set).
- Mixed media may be a freestanding piece.
- Freestanding entries must be able to be displayed in an area 3'(W) x 3' (L) x 5' (Height).
- Artists, or their representatives, are responsible to deliver and pick-up their entry at/during the designated times.
- If on-site assembly is required, details must be specified on the Information Form for NCSG prior approval.
- The art piece must be an original work, not a print.
- Artist's name and title of entry must appear on, or be attached to, entry for identification.
- Artist must send a photograph of entry with *State Finals Entry Form* and *SilverArts Information Form*. Photos cannot be returned.
- The visual arts piece entered at State Finals must be the same piece that won at the Local Games.
- An artist may only submit one (1) entry per sub-category at State Finals.

CRITERIA FOR JUDGING

Focus on the artist and effort according to SilverArts philosophy. Other considerations are listed below.

1. Heritage Arts

- Originality
- Color
- Eye Appeal
- Function -- does piece do what it is supposed to do?
- Proportions
- Production/Skill/Workmanship

2. Literary Arts

- Creativity
- Rhythm/Flow/Readability
- Message conveyed by words
- Technique -- grammar, style, appropriateness

3. Performing Arts

- Technique (Difficulty)
- Creativity (Originality)
- Execution (Skill)
- Presentation (Showmanship)

4. Visual Arts

- Originality
- Color
- Eye Appeal
- Composition
- Perspective
- Technique

If you qualify for State Finals.....

1. Get a **STATE FINALS ENTRY FORM** and the appropriate *SILVERARTS INFORMATION FORM* from your Local Coordinator or from the NCSG web site.
2. Complete both forms and submit to NCSG by the August 1st deadline.
3. Enclose any required items with your forms (pictures, copies of literary entries, CDs, etc.) so as not to delay the processing of your entry.
4. You will receive a **CONFIRMATION** within 4 weeks or by August 5th and a **PARTICIPANT NEWSLETTER** by September 10th with final details. *It is the participant's responsibility to verify that their entry form has been received and they are registered by Aug. 1st.* A list of registered participants is updated weekly on the web site and Coordinators are notified.
5. Upon arrival at State Finals, you must check in at the SilverArts Show.



**NORTH CAROLINA SENIOR GAMES
PERFORMING ARTS COMPETITION
SCORESHEETS**

Act: _____ Sub Category: _____ Time: _____

*NOTE: Score each category 0 (lowest) to 10 (highest) for a possible total of 40 points.
Fill in all blanks. All items must be completed/scored (a zero is acceptable).*

	Score	Comments
1. Technique (Difficulty)	_____	_____
2. Creativity (Originality)	_____	_____
3. Execution (Skill)	_____	_____
4. Presentation (Showmanship)	_____	_____

TOTAL SCORE (To be completed by Auditor)

COMMENTS (To be shared with performer(s)):

Judge's Signature _____ Auditor's Signature _____



NORTH CAROLINA SENIOR GAMES CHEERLEADER SHOWCASE GUIDELINES

Definition of a State Finals Cheerleader Group:

Cheerleaders are persons who lead cheers by speaking in rhythmic patterns and/or who present a choreographed routine.

State Finals Cheerleader Showcase Guidelines:

- Each Local Games may enter *one* representative group into the Cheerleader Showcase. If a Local Games has more than one cheerleader group, that Games must choose one group to represent them.
- All persons entering the Cheerleader Showcase must be 55 years of age by December 31 and have been a registered participant at a Local Games. Instructors and/or group members under the age of 55 as of Dec. 31st will not be permitted to perform with the group.
- Each Local Games is limited to a maximum of five (5) minutes of performing time. The 5 minute time limit begins when the first note of music is heard or the first movement is visible to the audience and ends with the exit of the last performer from the stage or final movement of your routine. Exceeding the time limit will result in automatic disqualification.
- Choreography of cheers must follow traditional format -- to "lead" a cheer or to present a pom-pom or flag routine. Skits, songs, and square, circle or round dances are *not* considered a "cheer" and may be appropriate for the SilverArts Follies.
- Cheerleaders must register for State Finals using the *State Finals Official Entry Form*, check Cheerleader Competition on the *Form*, and pay a registration fee. Every Cheerleader in the group must complete a *separate* Entry Form. Each Cheerleader will receive the same packet, gifts, and processing as an athlete or an artist.
- Medals will be awarded to first, second, and third place winning squads per group size.
- All performers for all acts must enter "stage right" and exit "stage left" or begin and end on the "stage" (See the SilverArts Manual for a diagram).
- If cheerleaders are using music and/or props as part of their routine the group **must** have an individual (not in the routine) to assist the sound technician with cueing the music and quickly setting up and removing the props from the performing area/stage.

Criteria for Judging Cheerleading

Costume

- Creative
- Appropriate
- Appearance

Routine/Presentation

- Difficulty
- Knowledge
- Originality/Choreography
- Variety
- Good use of stage
- Timing & Skill

Showmanship/Enthusiasm

- Confidence
- Expression/Smile
- Projection
- Enjoyment of Routine

Technique

- Ability
- Execution



**NORTH CAROLINA SENIOR GAMES
CHEERLEADER COMPETITION
SCORESHEET**

Squad: _____ **Time:** _____

NOTE: Score each category 0 (lowest) to 10 (highest) for a possible total of 40 points. Fill in all blanks. All items must be completed/scored (a zero is acceptable).

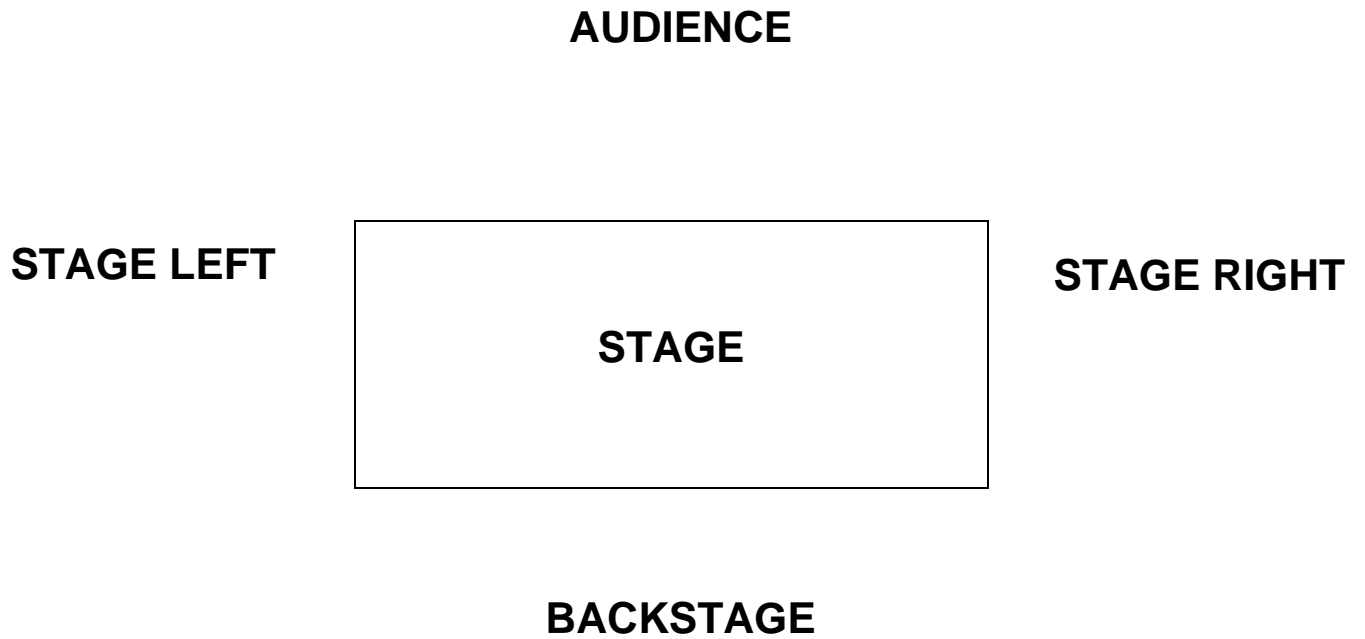
	<i>Score</i>	<i>Comments</i>
1. COSTUME	_____	
Creative		
Appropriate		
Appearance		
2. ROUTINE/PRESENTATION	_____	
Difficulty		
Knowledge		
Originality/Choreography		
Variety		
Good use of stage		
Timing & Skill		
3. SHOWMANSHIP/ENTHUSIASM	_____	
Confidence		
Expression/Smile		
Enjoyment of routine		
Projection		
4. TECHNIQUE	_____	
Ability		
Execution		

TOTAL SCORE (to be completed by Auditor)

COMMENTS (to be shared with performers):

Judge's Signature: _____ Auditor's Signature: _____

STAGE DIAGRAM



All performers for the SilverArts Follies at State Finals must enter from stage right and exit stage left.