



NORTH CAROLINA SENIOR GAMES STATE FINALS ACTIVITIES FOR 2019

The following events will be offered at the 2019 State Finals. If offered at Local Games, the events should be listed on the Local Games' Entry Form *exactly* as listed here. Indicate on the Local Games' Entry Form which events are offered at State Finals for your participants' information.

SILVERARTS

Visual Arts:

- Acrylics
- Drawing
- Mixed Media
- Oil
- Pastels
- Photography (Film)
- Photography (Digital)
- Sculpture
- Watercolor

Literary Arts:

- Essays (not autobiographical)
- Life Experiences (autobiographical)
- Poems
- Short Stories (fiction)

Heritage Arts:

- Basket Weaving
- Crocheting
- Jewelry
- Knitting
- Needlework
- Pottery (thrown & hand built)
- Quilting (hand stitched)
- Quilting (machine stitched)
- Stained Glass
- Tole/Decorative Painting
- Weaving
- Woodcarving
- Woodworking
- Woodturning

Performing Arts:

- Comedy/Drama
- Dance
- Instrumental
- Line Dancing
- Vocal

Cheerleaders

SPORTS

Archery

- Conventional - Recurve Bare Bow
- Conventional - Recurve w/ site
- Conventional - Recurve w/ site and Release Aid
- Compound - Bare Bow
- Compound - w/ site
- Compound - w/ site and Release Aid

Badminton

- Singles
- Doubles
- Mixed Doubles

Basketball Shooting

Basketball Tournament

Billiards

Bocce

Bowling

- Singles
- Doubles
- Mixed Doubles

Cornhole

Croquet

Cycling

- 1 mile
- 5K
- 10K

Field Events

- Discus
- Shot Put
- Running Long Jump
- Standing Long Jump

Football Throw

Golf

Horseshoes

Pickleball

- Singles
- Doubles
- Mixed Doubles

Racquetball

Road Races: 5K and 10K

Shuffleboard

Softball Tournament

Softball Throw

Swimming

- 50, 100, 200 yd. Backstroke
- 50, 100, 200 yd. Breaststroke
- 50, 100, 200 yd. Butterfly
- 50, 100, 200, 500 yd. Freestyle
- 100, 200, 400 yd. Individual Medley

Table Tennis

- Singles
- Doubles
- Mixed Doubles

Tennis

- Singles
- Doubles
- Mixed Doubles

Track Events

- Dashes: 50m, 100m, 200m, 400m
- Runs: 800m, 1500m

Race Walks: 1500m, 5K

SilverStriders Fun Walk