

VOLUNTEER FOR NORTH CAROLINA SENIOR GAMES STATE FINALS



September 27 - October 3, 2010
Cary/Raleigh

Bocce Tournament
October 12-13
Clayton Community Park, Clayton

Softball Tournament
September 13-15
Walnut Creek Softball Complex, Raleigh

FOR MORE INFORMATION

Visit our website at www.ncseniorgames.org

Email: ncsgvolunteers@mindspring.com or Call (919) 851-5456

Our Major Sponsors



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2010

What are North Carolina Senior Games State Finals ?

North Carolina Senior Games is an organization dedicated to providing year-round health promotion and wellness for adults 55 years of age and better. It provides participants and volunteers an opportunity to have fun and enhance fitness, create friendships, and enjoy fellowship with family and friends.

More than 60,000 seniors across the state participate in 54 Local Senior Games programs. Those who qualify each Spring in sports and arts are invited to State Finals in the Fall.

Over 3,000 athletes and artists will join together to celebrate the human spirit! State Finals offers more than just friendly competition...you'll be inspired and motivated!

"I wish there were 5, 6, 7 or 8 of me because I would volunteer for everything! I had the best time. I was so inspired by the level of energy the seniors have. It was a wonderful experience and I'm so, so glad that they are willing to share it with us."

Tonya Bazemore, State Finals Volunteer

How can you help?

By volunteering your time, you can help make State Finals a memorable event that celebrates "healthy aging"!

SPORTS & EVENTS - Assist as a registrar, scorer, recorder, timer, measurer, referee, lap counter, etc. for all events listed on the Volunteer Schedule (see next page).

SILVERARTS FOLLIES & CHEERLEADERS - Assist at Shows as registrars, timers, ushers, etc.

SILVERARTS SHOWCASES (*Visual, Heritage & Literary*) - Check in artwork, greet guests and set up/take down the Show.

FACILITIES - Set up and take down equipment, signs, etc. *Able to lift/move heavy objects...so bring your work gloves!*

How Do You Volunteer?

Visit the Volunteer Section of our website to register online or follow these instructions to complete the next page.

1. Circle your 1st choice(s) on the Volunteer Schedule (*activity and time*). *Please choose more than 1 day and more than 1 shift...we'd love it!*
2. Write in your 2nd and 3rd choices at the bottom of the chart. *Many positions and times fill early due to our high return rate. We will try to give you your first choices but, if we cannot, it is important that you list a second and third choices.*
3. Complete the Personal Information page (on the back of the Schedule page).
4. Mail or fax the Volunteer Schedule to:
NCSG Volunteers
4603 Western Blvd
Raleigh, NC 27606
Fax #: 919-851-5456

or email us at: ncsg@ncseniorgames.org

What will you receive?

- A great Volunteer T-Shirt (for 4 hours or more).
- The good feelings you get when you make a difference in other people's lives by giving the gift of your time and contributing to healthy aging!
- A Confirmation of your volunteer assignment(s), directions and a map. It will be sent to you and be available on our website (click the "Volunteer" button!).
- A *Staff & Volunteer Newsletter* with lots more details a few weeks before State Finals.
- A chance to be a part of the largest and most successful Senior Games program in the nation!

STATE FINALS 2010 - RALEIGH/CARY - SEPTEMBER 27 - OCTOBER 3

Bocce Tournament - Clayton - October 12-13

Softball Tournament - Walnut Creek Softball Complex, Raleigh - September 13 - 15

2010 Volunteer Opportunities and Schedule

Please circle your 1st choices and list your 2nd and 3rd choices in the box below, in case your first choices are **full**. Please list more than one day and shift, if you are available! The times listed are the maximum hours. Hours may vary slightly after participant registrations are received in August. You will be notified of any changes.

Bold items are activities with the most availability

SOFTBALL TOURNAMENT

Walnut Creek Softball
Complex, Raleigh

MON September 13

Registration/Information	FULL	FULL
Scorekeeper/ Announcer	FULL	12:30 – 5:00

TUE September 14

Awards		FULL
Registration/Information	FULL	FULL
Scorekeeper/ Announcer	8:30 – 1:00	12:30 – 5:00
Souvenirs		FULL

WED September 15

Awards		12:30-5:00
Registration/Information	FULL	FULL
Scorekeeper/ Announcer	8:30 – 1:00	12:30 – 5:00

STATE FINALS CARY/RALEIGH

MON, SEPTEMBER 27

Bowling	FULL
Souvenirs at Bowling	FULL

TUES, SEPTEMBER 28

Bowling	FULL
Souvenirs at Bowling	FULL

WED, SEPTEMBER 29

Bowling	FULL
Souvenirs at Bowling	FULL

THURS, SEPTEMBER 30

Awards at Cary Academy	FULL
Awards at WM Soccer Park	FULL
Funwalk at WM Soc Pk	3:30-4:45
Opening Ceremony at WM Soc Pk	5:45 – 8:00
Facility Set-up	7:00 –12:00 12:00 – 6:00
Souvenirs at WM Stadium	FULL
Bowling	8:00 – 3:00
Track - Cary Academy	8:30 – 4:00
Horseshoes – ADHS	7:45 – 1:00 12:15 – 5:30
Long Jumps – Cary Academy	9:00 – 3:00
Shot Put – Cary Academy	8:30 – 2:00
Shuffleboard – ADHS	FULL 12:15 – 6:00
Football Throw – WM Soc Pk	FULL
Softball Throw – WM Soc Pk	11:00 – 3:30
Spin Casting – WM Soc Pk	11:00 – 3:30

STATE FINALS CARY/RALEIGH CONTINUED

FRI, OCTOBER 1

Awards at Cary Academy	AM full	12:00 – 3:30
Awards at McKimmon		FULL
SilverArts Follies: Stage crew		FULL
SilverArts Follies		FULL
Facility Set-up	7:00 – 12:00	12:00 – 6:00
Souvenirs at McKimmon		FULL
SilverArts Showcase: Assistants		FULL
Track – Cary Academy		8:00 – 3:00
Badminton – Bond Park	8:30 – 1:00	12:30 – 4:00
Basketball Shooting – Laurel Hills Park		FULL
Billiards – Babineau’s		8:30 – 4:00
Croquet – Bond Park		FULL
Discus – Cary Academy		8:30 – 2:00
Horseshoes – ADHS	FULL	FULL
Shuffleboard - ADHS	FULL	FULL

SAT, OCTOBER 2

Awards at Swimming		FULL
Awards at McKimmon		FULL
Facility set-up; take down	7:00 – 12:00	12:00 – 6:00
Souvenirs at McKimmon		8:30 – 2:00
SilverArts Showcase		FULL
Archery – Bond Park		FULL
Badminton – Bond Park	8:30 – 1:00	12:30 – 4:00
Croquet – Bond Park		8:30 – 5:00
Horseshoes – ADHS		7:15 – 2:00
Shuffleboard – ADHS		7:15 – 2:00
Swim Meet – TAC		8:00 – 5:00
Table Tennis - Brier Creek		FULL

SUN, OCTOBER 3

Awards: at Cycling		FULL
Cycling – Highway Patrol Ctr., Garner		8:00 – 3:00
Table Tennis – Brier Creek Park		FULL

BOCCE TOURNAMENT Clayton Community Park, Clayton

TUE October 12

Check-in	FULL	FULL
Referee - Scorer	8:00 – 1:30	1:00 – 5:00
Souvenirs		9:00 – 3:00

WED October 13

Check-in	FULL	FULL
Referee - Scorer	8:00 – 1:30	1:00 – 5:00

THURS October 14

Check-in	FULL	FULL
Referee - Scorer		8:00 – 2:00

List your second and third choices in case your first choice(s) are full:

2nd Choice _____

3rd Choice _____

8/26/2010

Activity Day Time

Activity Day Time

PERSONAL INFORMATION
(Print Clearly. Only one name per form, please!)

Name _____

Agency/Group/Club _____

Address _____

City _____ State NC Zip _____

Phone (home): (____) _____ (cell): (____) _____

What is the first year you volunteered for State Finals? _____ Your Date of Birth (optional) _____

By providing us your email, we will correspond with you via email for faster and more efficient communication!
Watch for your Confirmation and Volunteer Newsletter via email! Please print clearly. Thanks.

Email _____ (will be kept confidential)

T-Shirt Size (Men's): ____ OR ____ To further support Senior Games, I prefer not to receive a t-shirt this year.

THANKS!

Office Use: T1 Q1 O P



Will you be a registered participant at State Finals?

YES NO

If YES, in what activities? Please list:

(Note: You may volunteer for an event in which you participate, but not in your age/sex category. To avoid conflicts, your Volunteer Confirmation may not be processed until we know your exact schedule as a participant in early September. You will receive a Volunteer Confirmation by mid-September.)

Do you have any special skills or previous experience related to the activities for which you volunteered?



SHARE THE SPIRIT!!!

Invite friends, family and "club" members to volunteer with you. By visiting www.ncseniorgames.org they can print a Volunteer Brochure or register online. Thanks!



THANK YOU FOR VOLUNTEERING
FOR SENIOR GAMES STATE FINALS!!!

Mail To: NCSG Volunteers 4603 Western Blvd. Raleigh NC 27606
Phone & Fax #: (919) 851-5456 Email: ncsg@ncseniorgames.org