

2008

VOLUNTEER FOR

NORTH CAROLINA SENIOR GAMES

STATE FINALS



Celebrating 25 Years of Healthy Aging!

September 22nd - 28th, 2008
Raleigh

Softball Tournament
September 8th - 10th
Walnut Creek Softball Complex, Raleigh

Bocce Tournament
October 7th - 9th
Clayton Community Park, Clayton

FOR MORE INFORMATION
Visit our website at www.ncseniorgames.org
Email: ncsgvolunteers@mindspring.com or Call (919) 851-5456

Our Major Sponsors

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NORTH CAROLINA
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and Adult Services

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Guidance when you need it most

Silver Sponsor


WHAT ARE NORTH CAROLINA SENIOR GAMES STATE FINALS ?

North Carolina Senior Games is an organization dedicated to providing year-round health promotion and wellness for adults 55 years of age and better. It provides participants and volunteers an opportunity to have fun and enhance fitness, create friendships, and enjoy fellowship with family and friends.

More than 60,000 seniors across the state participate in 54 Local Senior Games programs. Those who qualify each Spring in sports and arts are invited to State Finals in the Fall.

Over 3,000 athletes and artists will join together to celebrate the human spirit! State Finals offers more than just friendly competition...you'll be inspired and motivated!

WE NEED YOUR HELP!

"Thank you for the great week of Senior Games and the Bocce Tournament. As usual, I had a wonderful time and the volunteers and staff did a great job!"

Hattie Stutts

State Finals Participant, Charlotte-Mecklenburg Sr Games

HOW CAN YOU HELP?

By volunteering your time, you can help make State Finals a memorable event that celebrates "healthy aging"!

SPORTS & EVENTS - Assist as a registrar, scorer, recorder, timer, measurer, referee, lap counter, etc. for all events listed on the Volunteer Schedule (see next page).

SILVERARTS FOLLIES & CHEERLEADERS - Assist at Shows as registrars, timers, ushers, etc.

SILVERARTS SHOWCASES (*Visual, Heritage & Literary*) - Check in artwork, greet guests and set up/take down the Show.

GUEST SERVICES - Present Awards, greet participants and volunteers, provide Information and give T-shirts and Programs.

FACILITIES - Set up and take down equipment, signs, etc. *Able to lift/move heavy objects...so bring your work gloves!*

HOSPITALITY - Assist with delivery of snacks and drinks in the Raleigh area/willing to drive own car.

How Do You VOLUNTEER?

Visit the Volunteer Section of our website to volunteer online or follow these instructions to complete the next page.

1. **Circle** your 1st choice(s) on the Volunteer Schedule (*activity and time*). *Please choose more than 1 day and more than 1 shift...we'd love it!*
2. **Write in** your 2nd and 3rd choices at the bottom of the chart. *Many positions and times fill early due to our high return rate. We will try to give you your first choices but, if we cannot, it is important that you list a second and third choice.*
3. **Complete** the Personal Information page (on the back of the Schedule page).
4. **Mail or fax** the Volunteer Schedule to:

NCSG Volunteers
PO Box 33590
Raleigh, NC 27636
Fax #: 919-851-5456

or email us at: ncsgvolunteers@mindspring.com

WHAT WILL YOU RECEIVE?

- A great Volunteer T-Shirt (for 4 hours or more).
- The good feelings you get when you make a difference in other people's lives by giving the gift of your time and contributing to healthy aging!
- A Confirmation of your volunteer assignment(s), directions and a map. It will be sent to you and be available on our website (click the "Volunteer" button!).
- A *Staff & Volunteer Newsletter* with lots more details a few weeks before State Finals.
- A chance to be a part of the largest and most successful Senior Games program in the nation!

STATE FINALS 2008 - RALEIGH - SEPTEMBER 22nd – 28th

Softball Tournament - *Walnut Creek Softball Complex, Raleigh* - September 8th - 10th

Bocce Tournament - *Clayton* - October 7th - 9th

Golf Tournament - *Winston Salem* - October 13th - 14th

Basketball Tournament - *East Carolina University, Greenville* - October 24th - 26th

VOLUNTEER OPPORTUNITIES AND SCHEDULE

Please **CIRCLE** your 1st CHOICE(S) and then list your 2nd and 3rd CHOICES at the bottom of this page. Please circle more than one day and shift, if you are available! The times listed are the maximun hours. Hours may vary slightly after participant registrations are received in August. You will be notified of any changes. Mail or Fax this Schedule page and Personal Information page (on back) to NCSG or visit our website to complete this form online.

Due to the training time required for the events that are shaded, we prefer that volunteers stay for all shifts.

SEPTEMBER 8 - 10 SOFTBALL TOURNAMENT Walnut Creek Softball Complex, Raleigh Circle Day/Time and Position. All day shift preferred.		
MONDAY - Scorekeeper - Umpire - Announcer	8:30 - 1:00	12:30 - 5:30
TUESDAY - Scorekeeper - Umpire - Announcer	8:30 - 1:00	12:30 - 5:30
WEDNESDAY - Scorekeeper - Umpire - Announcer	8:30 - 1:00	12:30 - 5:30
Souvenirs on Tuesday	8:30 - 4:30	
Guest Services on Monday, Tuesday or Wednesday	8:00 - 12:30	12:30 - 5:00

MONDAY, SEPTEMBER 22	AM	PM
Bowling @ Buffalo Lanes North	FULL	
Souvenirs @ Bowling	FULL	
TUESDAY, SEPTEMBER 23	AM	PM
Bowling @ Buffalo Lanes North	FULL	
Souvenirs @ Bowling	FULL	
WEDNESDAY, SEPTEMBER 24	AM	PM
Bowling @ Buffalo Lanes North	FULL	
Souvenirs @ Bowling	FULL	
THURSDAY, SEPTEMBER 25	AM	PM
Guest Services @ WakeMed Soccer Park	FULL	FULL
Guest Services @ Cardinal Gibbons High School	FULL	
Facility Set Up @ Various Sites	7:00 - 12:00	12:00 - 5:30
Souvenirs @ WakeMed Soccer Park		11:30 - 7:00
Bowling @ Buffalo Lanes North	FULL	
Football Throw @ WakeMed Soccer Park	11:00 - 3:30	
Softball Throw @ WakeMed Soccer Park	11:15 - 3:30	
Spin Casting @ WakeMed Soccer Park	11:00 - 3:30	
Horseshoes @ Athens Drive High School	7:45 - 1:00	12:15 - 5:30
Fun Walk & Cheer Show @ WakeMed Soccer Park	3:30 - 6:00	
Long Jumps @ Cardinal Gibbons High School	9:00 - 5:00	
Track: 5K Run, 1500M Walk, 800M Run @ Cardinal Gibbons High School	9:00 - 5:00	
Shuffleboard @ Athens Drive High School	FULL	12:15 - 5:30
FRIDAY, SEPTEMBER 26	AM	PM
Guest Services @ Various SiteS (shift times vary)	9:00 - 6:00	
Facility Set Up @ Various Sites	7:00 - 12:00	12:00 - 6:00
Hospitality @ Various Sites	11:00 - 3:00	
Souvenirs @ McKimmon Center		12:00 - 7:00
Badminton @ NCSU Carmichael Gym	8:30 - 1:00	12:30 - 5:00
Basketball Shooting @ Laurel Hills Park	10:30 - 4:00	
Billiards @ Babineaus	8:45 - 5:00	
Croquet @ WakeMed Soccer Park	11:15 - 5:30	
Discus @ Cardinal Gibbons High School	9:30 - 3:00	
Horseshoes @ Athens Drive High School	7:45 - 1:00	12:30 - 6:30

FRIDAY, SEPTEMBER 26 (CONT'D)	AM	PM
Track: Racewalk, Run & Dashes @ Cardinal Gibbons High School	8:30 - 4:00	
Shot Put @ Cardinal Gibbons High School	9:30 - 3:00	
Shuffleboard @ Athens Drive High School	FULL	12:15 - 6:30
SilverArts Showcase Set Up @ McKimmon Center	11:45 - 4:00	
SilverArts Follies @ McKimmon Center (Fills Quick!)		6:15 - 10:30
SATURDAY, SEPTEMBER 27	AM	PM
Guest Services @ Various Sites (shift times vary)	8:00 - 6:00	
Hospitality @ Various Sites	9:00 - 1:00	11:00 - 4:00
SilverArts Showcase @ McKimmon Center	8:30 - 5:30	
Souvenirs @ McKimmon Center	9:00 - 5:30	
Archery @ WakeMed Soccer Park	FULL	
Badminton @ NCSU Carmichael Gym	8:30 - 1:00	12:30 - 5:00
Croquet @ WakeMed Soccer Park	8:45 - 4:30	
Horseshoes @ Athens Drive High School	7:15 - 1:00	FULL
Shuffleboard @ Athens Drive High School	FULL	12:15 - 6:00
Swim Meet @ Pullen Aquatics Center	8:30 - 5:00	
Table Tennis @ Brier Creek Center, Raleigh		2:00 - 6:30
SUNDAY, SEPTEMBER 28	AM	PM
Cycling @ NC Hwy Patrol Training Center, Garner	8:00 - 3:00	
Table Tennis @ Brier Creek Center, Raleigh	8:00 - 5:00	

OCTOBER 7 - 9 BOCCE TOURNAMENT Clayton Community Park, Clayton Circle Day/Time and Position. All day shift preferred.		
TUESDAY - Referee - Scorer	8:00 - 1:30	1:00 - 6:00
WEDNESDAY - Referee - Scorer	8:00 - 1:30	1:00 - 6:00
THURSDAY - Referee - Scorer	8:00 - 1:30	1:00 - 6:00
Guest Services on Tuesday, Wednesday or Thursday	7:45 - 1:00	1:00 - 6:00
Souvenirs on Tuesday	10:00 - 2:30	

List your second and third choices in case your first choice(s) are full:

2nd Choice _____
Activity Day Time

3rd Choice _____
Activity Day Time

Did you list other choices above?

PERSONAL INFORMATION
(Print Clearly. Only one name per form, please!)

Name _____

Agency/Group/Club _____

Address _____

City _____ State NC Zip _____

By providing us your email, we will correspond with you via email for faster and more efficient communication! Watch for your Confirmation and Volunteer Newsletter via email! Please print clearly. Thanks.

Email _____ (will be kept confidential)

Phone (work): (____) _____ (home): (____) _____

(cell): (____) _____

Your Age (optional) _____ T-Shirt Size (Men's): Small Medium Large X-Large XX-Large

Do you have any special skills or previous experience related to the activities for which you volunteered?



As we celebrate the 24th State Finals, tell us how many years you have been a State Finals volunteer _____ ; For what activities?

Will you be a registered participant at State Finals?

YES NO

If YES, in what activities? Please list:

(Note: You may volunteer for an event in which you participate, but not in your age/sex category. To avoid conflicts, your Volunteer Confirmation may not be processed until we know your exact schedule as a participant in early September. You will receive a Volunteer Confirmation by mid-September.)

Is there anything NCSG needs to know about you to make your volunteer experience more enjoyable?

How did you first find out about the opportunity to volunteer for State Finals?

SHARE THE SPIRIT!!!

Encourage your friends and family to volunteer ONLINE or DOWNLOAD additional Volunteer Brochures at: www.ncseniorgames.org or contact NCSG for more copies for your friends and family. Thanks!

Check the "Volunteer" Section of Our Website for:

- *Your assignments
- *Rules for our sports and events
- *Maps/Driving Directions
- *Updated/Final Schedule in September
- *Volunteer and Staff Newsletter with lots of helpful details (available after Sept. 1st)



THANK YOU FOR VOLUNTEERING
FOR SENIOR GAMES STATE FINALS!!!

Mail To: NCSG Volunteers

PO Box 33590

Raleigh NC 27636-3590

Phone & Fax #: (919) 851-5456

Email: ncsgvolunteers@mindspring.com